



2023 FAIRFIELD PUBLIC SCHOOLS Youth Survey

SUMMARY REPORT

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APPENDIX – KHANG TRAN

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Introduction

The following report is a summary of data that was gathered in March 2023 at 3 middle schools and two high schools that are part of Fairfield Public Schools. Data collected from this survey will be used in the planning and development of strategies, policies, and practices for the Fairfield CARES, as well as other educational and social services organizations.

The survey was administered to youth in grades 7-12 enrolled in Fairfield Public Schools. Fairfield CARES could not collect the Fairfield Youth Survey without the support and collaboration of Fairfield Public Schools.

The 2023 Fairfield Youth Survey fulfills the following objectives:

- i. Describes perceptions and experiences regarding substance misuse, mental health, social media, gaming, supports and family norms among Fairfield youth in grades 7 to 12 in the year 2023.
- ii. Monitors trends in protective factors and risky behaviors over time through use of the baseline data.
- iii. Utilizes information provided by youth, allowing community stakeholders to ‘hear’ from youth to enhance and plan initiatives and activities for youth in the community.

Survey Background

The 2023 Fairfield Youth Survey was adapted from several state and national survey tools including:

- National Outcome Measures (NOMs), Office of National Drug Control Policy
- Youth Risk Behavior Surveillance Survey (YRBSS), Center for Disease Control
- The Search Institute’s *Developmental Assets Profile*
- Governor’s Prevention Initiative for Youth Student Survey (Connecticut)
- Connecticut School Health Survey, Department of Public Health

Whenever possible, questions and responses in the survey are taken verbatim from state and national surveys. The Fairfield Youth Survey was established with the support of many youth and professionals in the field of survey development, program evaluation, prevention, and mental health. The core elements of the Fairfield Youth Survey are designed to understand youth’s current substance use and mental health behaviors and perceptions. Topics assessed in the survey include substance use, anxiety, depression, gaming, social media, gambling, bullying, extracurricular activities, self-esteem, access to resources, supports, and family norms.

How the Survey was Conducted

The survey was administered in March 2023 to students in grades 7 to 12 at Fairfield Woods, Roger Ludlowe, and Tomlinson Middle Schools and Fairfield Warde and Fairfield Ludlowe High Schools. Students’ parents or guardians received an e-mail notifying them of the purpose of the survey and were able to return a passive consent form to the school if they did not want their child(ren) to participate in the survey.

All surveys were administered using the SurveyMonkey.com website and software. Students were directed to access a link to the survey, the assurance of anonymity, and information about their option to decline participation. Any questions (other than grade) could be skipped if a student was not comfortable answering. To ensure complete student anonymity, no names or identification numbers were used.

Final Dataset

To create the final dataset on which these findings are based a careful review was made of individual survey responses; 145 surveys were eliminated due to large amounts of missing data or long patterns of responses rather than thoughtful answers (e.g., answering “Strongly Disagree” to 18 questions in a row even though the questions have a mix of positive and negative tone). The final sample size was 1935 surveys for grades 7-12.

Survey Response Rates

Response rates by grade level are listed in the table below.

Grade(s)	Sample Count	Population Count	Response Rate (%)
Grade 7	186	717	26
Grade 8	163	737	22
Grade 9	452	744	61
Grade 10	364	692	53
Grade 11	379	810	47
Grade 12	342	742	46
NOT INDICATED	49	NA	NA
Grades 7-8	349	1454	24
Grades 9-12	1537	2988	51
TOTAL Grades 7-12	1935	4442	44

Demographics

Gender	#	%
Male	810	43
Female	987	53
Nonbinary	32	2
Not Listed	16	1
I prefer not to answer	26	1

Race	#	%
American Indian or Alaskan Native	11	0.6
Asian or Asian American	146	7.9
Black or African American	64	3.5
Native Hawaiian or Other Pacific Islander	5	0.3
Multiracial (more than 1 race)	165	9
White or Caucasian	1450	78.8
Ethnicity	#	%
Hispanic	232	12

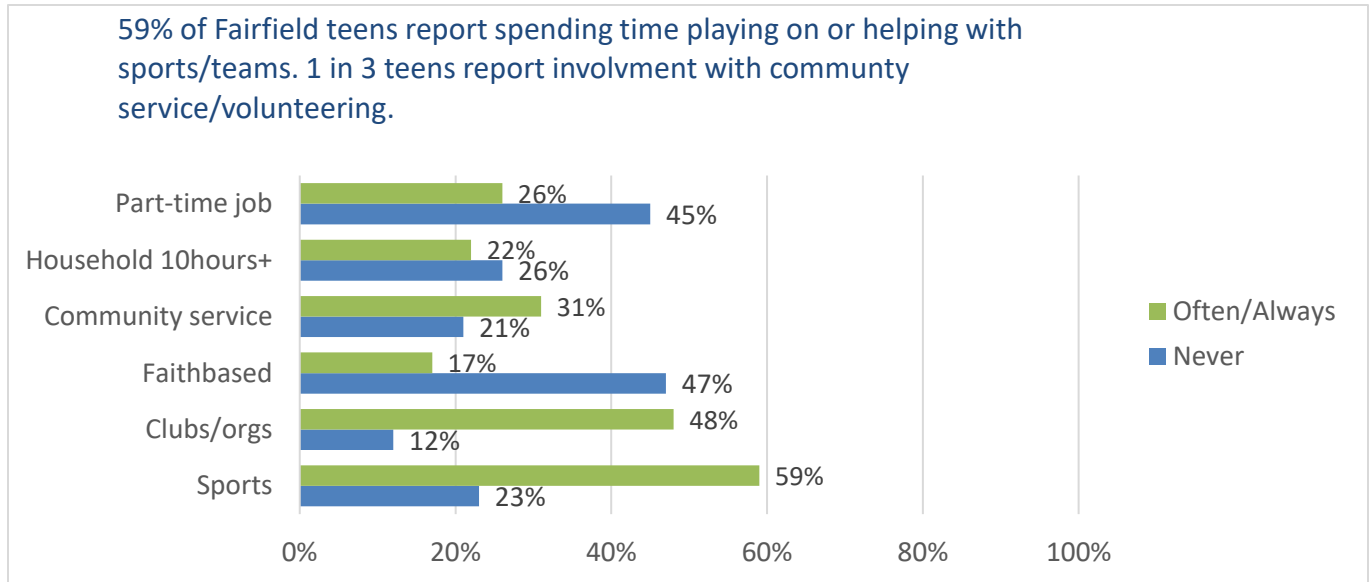
Are you a member of the LGBTQ+ community? (n=1872)	%
Yes	13
No	79
Unsure/don't know/questioning	4
Prefer not to answer	4

Protective Factors

Protective factors are characteristics associated with a lower likelihood of negative outcomes or that reduce a risk factor’s impact.

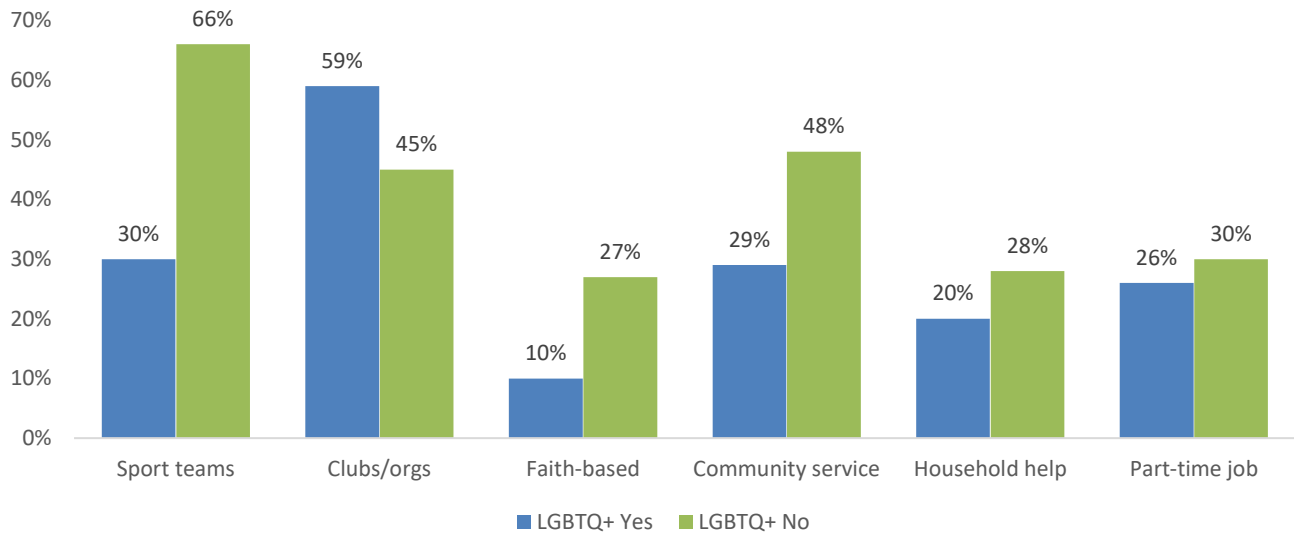
Individual Domain

Youth Commitments



In the past year, how much have you been involved with the following...	Grade	Never %	Rarely %	Sometimes %	Often %	Always %
Playing on or helping with sports teams at school or in the community	7-8	16	7	14	18	44
	9-12	25	8	9	22	36
Clubs or organizations either in and out of school that are not sports (e.g. debate, drama club, hobby clubs, music groups, school newspaper, school plays, Scouts, YMCA)	7-12	23	8	10	21	38
	7-8	21	24	20	19	16
	9-12	10	14	25	25	27
Programs or groups at a church, synagogue, mosque, or other faith-based place	7-12	12	16	24	24	25
	7-8	40	27	13	12	9
	9-12	48	20	15	9	8
Community service or volunteering	7-12	47	21	15	9	8
	7-8	37	25	24	10	4
	9-12	18	19	28	23	12
Part-time job	7-12	21	21	27	20	10
	7-8	68	13	13	3	3
	9-12	40	13	17	15	15
Spending 10 or more hours a week on household responsibilities (such as the care of a relative.)	7-12	45	14	16	13	13
	7-8	25	28	23	16	8
	9-12	27	28	23	14	8
	7-12	26	29	23	14	8

LGBTQ+ youth have significantly lower rates of involvement in sports teams, faith-based programs and community service.



Commitments (Often/Always) by Gender Identity & Sexual Orientation

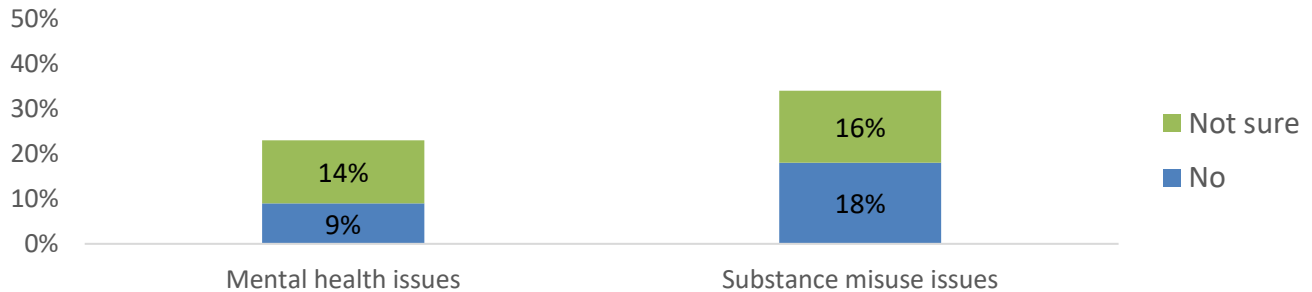
In the past year, how much have you been involved with the following...	ALL %	Male (n=878) %	Female (n=986) %	LGBTQ+ Yes (n=237) %	LGBTQ+ No (n=1470) %
Playing on or helping with sports teams at school or in the community	59	61	59	30 ^B	66
In clubs or organizations (both in and out of school that are not sports)	49	44	52	59 ^B	45
Programs or groups at a church, synagogue, mosque, or other faith-based place	17	17	18	10 ^B	27
Community service or volunteering	30	25	37 ^A	29 ^B	48
Part-time job	26	19	31 ^A	26	30
Spending 10 or more hours a week on household responsibilities (such as the care of a relative.)	22	23	22	20	28

^ASignificant difference between Male and Female

^BSignificant difference between LGBTQ+ Yes and LGBTQ+ No

Knowledge of Resources

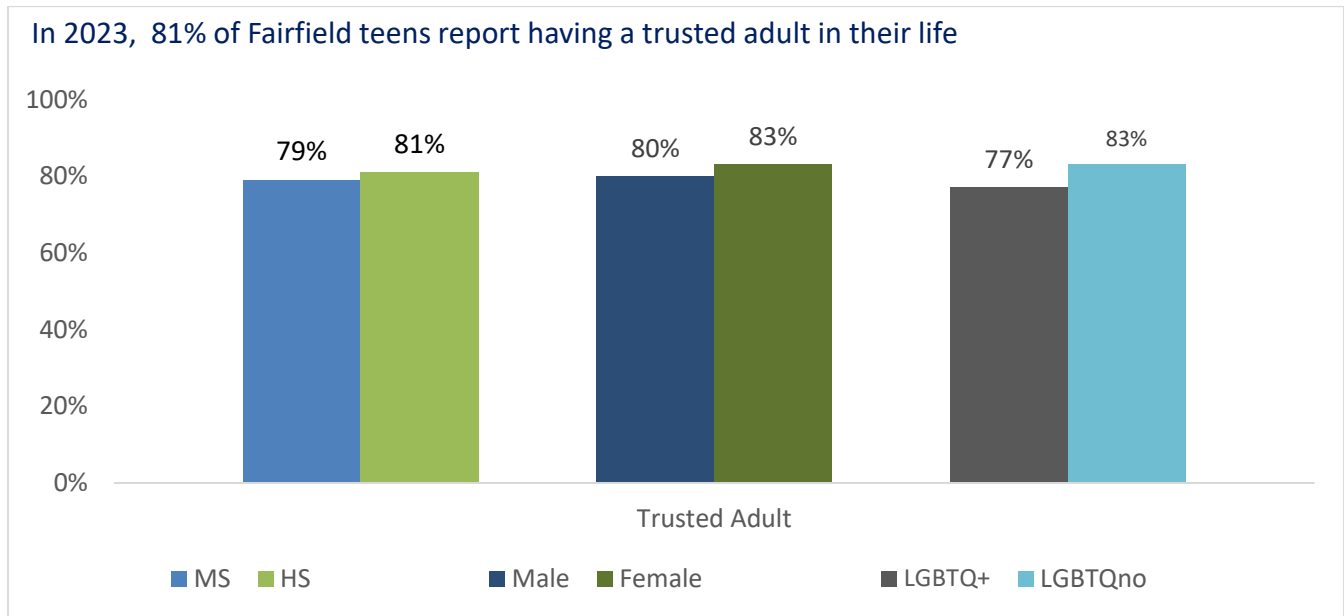
25% of Fairfield teens do not know or are unsure where to get help for **mental health issues**. 34% do not know or are unsure of where to get help for **substance misuse concerns**.



Do you know where to go for help if:	Grade	Yes %	No %	Not sure %
You, a friend or family member are struggling with a mental health issue?	7-8	65	12	23
	9-12	80	8	12
	7-12	77	9	14
you are concerned for yourself, a friend or family member around substance misuse?	7-8	54	22	23
	9-12	69	18	14
	7-12	66	18	16

Do you know where to go for help if:	Gender		LGBTQ+	
	Male %	Female %	Yes %	No %
You, a friend or family member are struggling with a mental health issue?	76	79	74	79
you are concerned for yourself, a friend or family member around substance misuse?	64	68	63	68

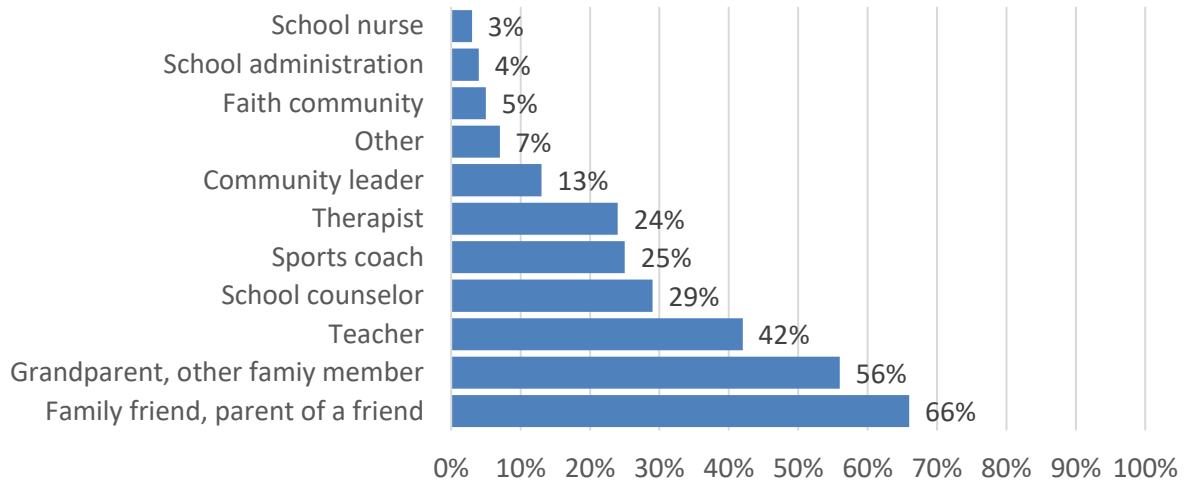
Trusted Adult



	Grade	Yes	No
		%	%
Is there an ADULT (other than your parent or guardian) that you trust that you can talk to about important things?	7-8	79	21
	9-12	81	19
	7-12	81	19

	Male	Female	LGBTQ+	LGBTQ+
	%	%	Yes %	No %
Is there an ADULT (other than your parent or guardian) that you trust that you can talk to about important things?	80	83	77	83

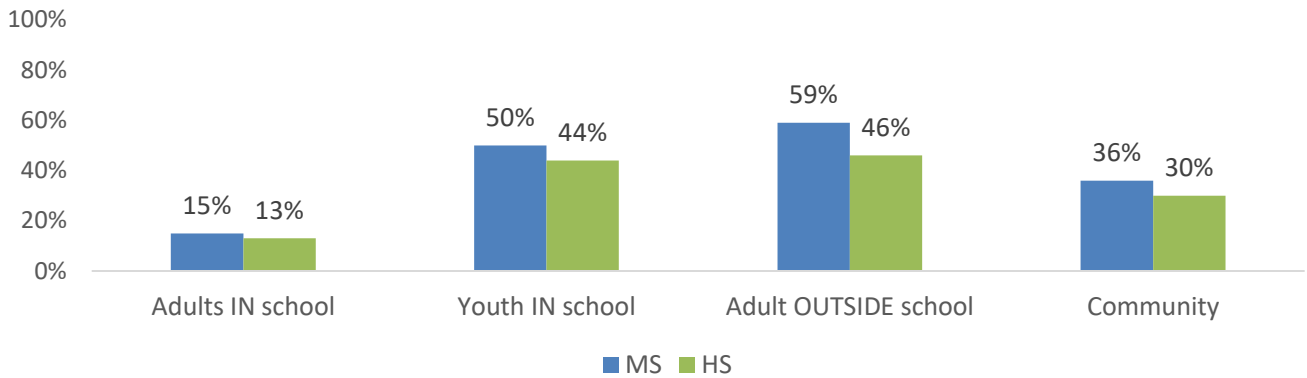
Among the 81% of teens who report that they have a **trusted adult** in their life, the largest percentage report that person is a family friend/parent of a friend (66%), a grandparent/other family member (56%), or a teacher (42%).



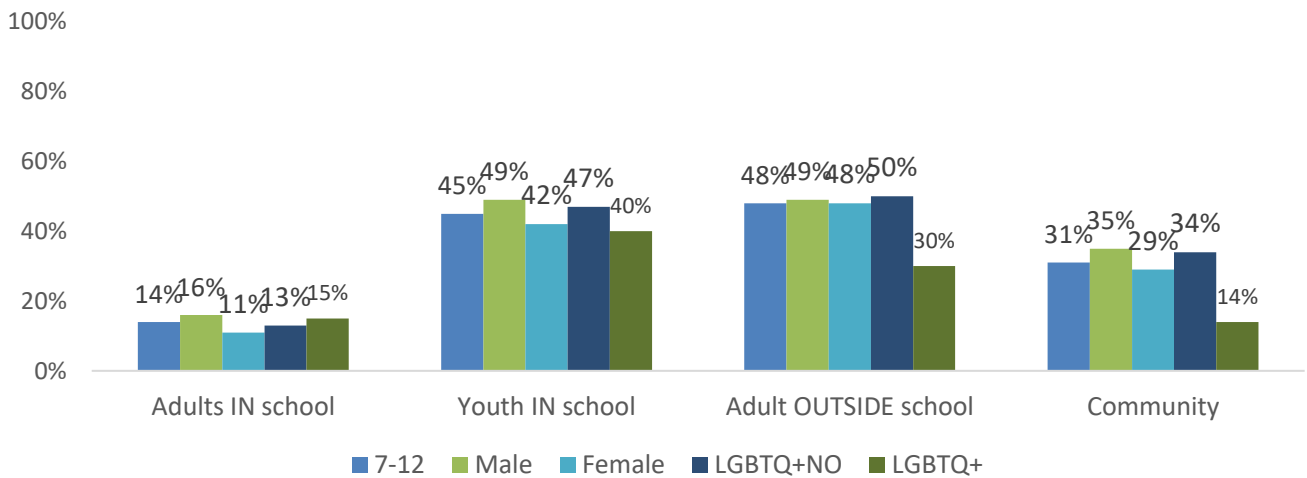
Who are those people? (n=1524)	%
Teacher (current or past)	42
School Counselor	29
School administrator	4
School nurse	3
Sports coach	25
Community leader (club, scouts, youth group, volunteer organization, internship or job supervisor)	13
Therapist	24
Leader from my faith community	5
Grandparent/Other family member (Aunt, Uncle, Older sibling or cousin)	56
Family friend, parent of a friend, neighbor	66
Other	7

Connectedness

45% of all Fairfield youth report they are **very or extremely** connected to youth in school and 48% report strong connections to **adults outside of school**.



LGBTQ+ youth report **significantly lower rates of connectedness** to adults outside of school, and the community where they live.



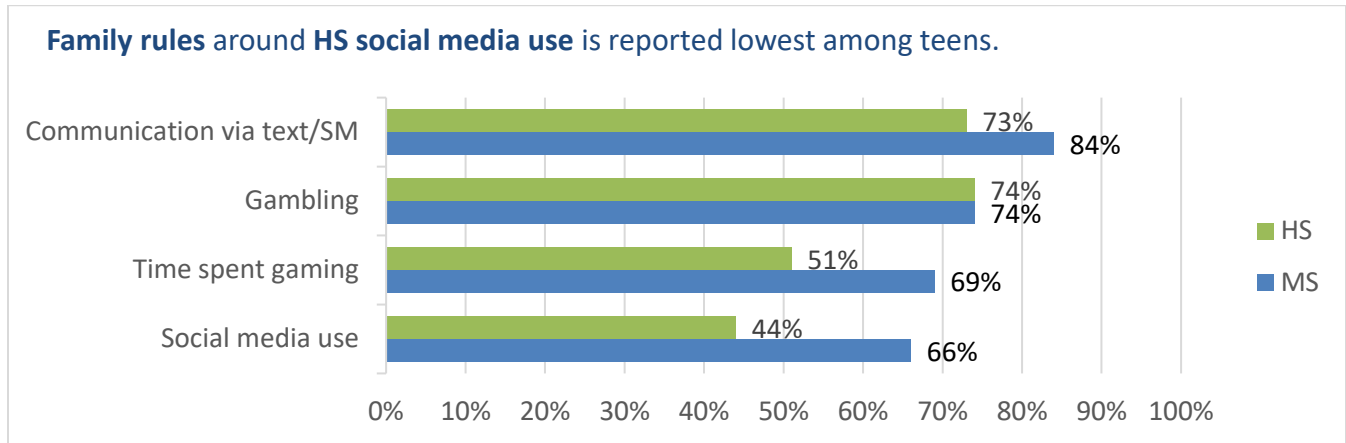
Please choose the response that best describes how connected you feel to the following:	7-12	7-8	9-12	Male	Female	LGBTQ Yes	LGBTQ No
	%	%	%	%	%	%	%
Very and Extremely							
The adults IN your school.	14	15	13	16 ^A	11	15	13
The youth IN your school.	45	50	44	49 ^A	42	40	47
The adults OUTSIDE of school.	48	59	46	49	48	30 ^B	50
The community where you live.	31	36	30	35 ^A	29	14 ^B	34

^ASignificant difference between Male and Female

^BSignificant difference between LGBTQ+ Yes and LGBTQ+ No

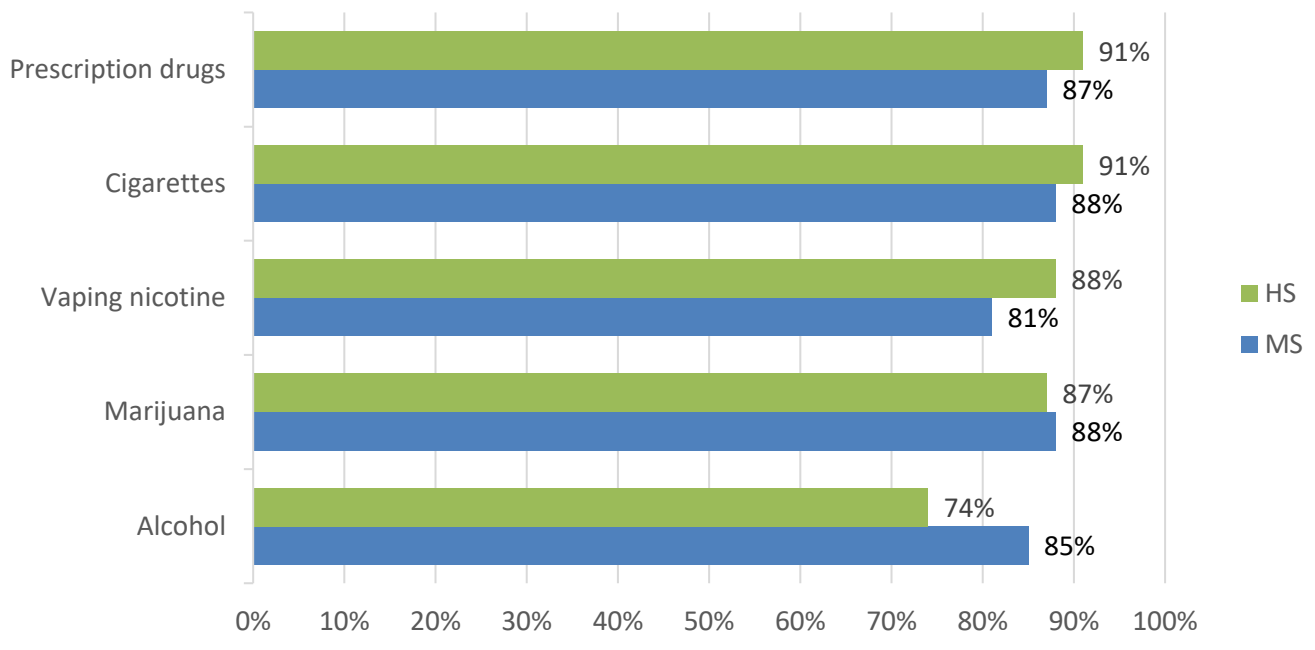
Family Norms

Rules



My parent/guardian has clear rules about the following:	Grade	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree
		%	%	%	%
Gambling for money or possessions (e.g. sports betting, poker, lottery, scratch off tickets, online games).	7-8	9	17	32	42
	9-12	10	26	25	49
	7-12	10	16	26	48
Communicating with others via text or on social media, including sending or posting inappropriate pictures.	7-8	7	9	30	54
	9-12	10	16	32	41
	7-12	9	15	32	44
The amount of time spent playing video games, electronic or online games.	7-8	14	18	46	23
	9-12	18	32	34	17
	7-12	17	29	36	18
My social media use (amount of time, which Apps are allowed/not allowed)	7-8	15	20	34	32
	9-12	26	29	29	15
	7-12	24	27	30	18

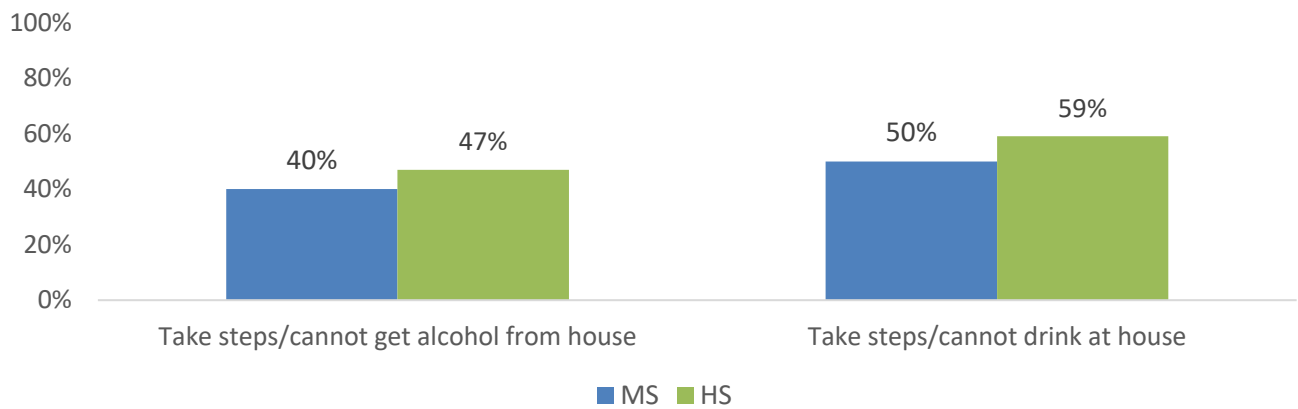
The majority of teens report that there are **family rules around substance use**.
 Rules around HS use of alcohol is reported lowest at 74%.



My parent/guardian has clear rules discouraging me from:	Grade	Strongly Disagree	Somewhat Disagree	Somewhat Agree	Strongly Agree
		%	%	%	%
Drinking alcoholic beverages	7-8	7	8	27	58
	9-12	8	17	32	42
	7-12	8	16	31	45
Smoking cigarettes or using tobacco	7-8	9	3	7	81
	9-12	5	3	14	77
	7-12	6	3	13	78
Vaping nicotine (Juil, Blue, Puff Bar)	7-8	9	3	7	81
	9-12	6	3	14	77
	7-12	6	3	12	80
Using marijuana or THC products (including smoking, vaping, edibles)	7-8	9	4	8	80
	9-12	6	7	17	70
	7-12	7	6	16	72
Using a prescription drug that is not prescribed to you, for the purpose of 'getting high'	7-8	9	17	12	75
	9-12	6	3	12	79
	7-12	6	3	12	79

Behaviors around Substance Use

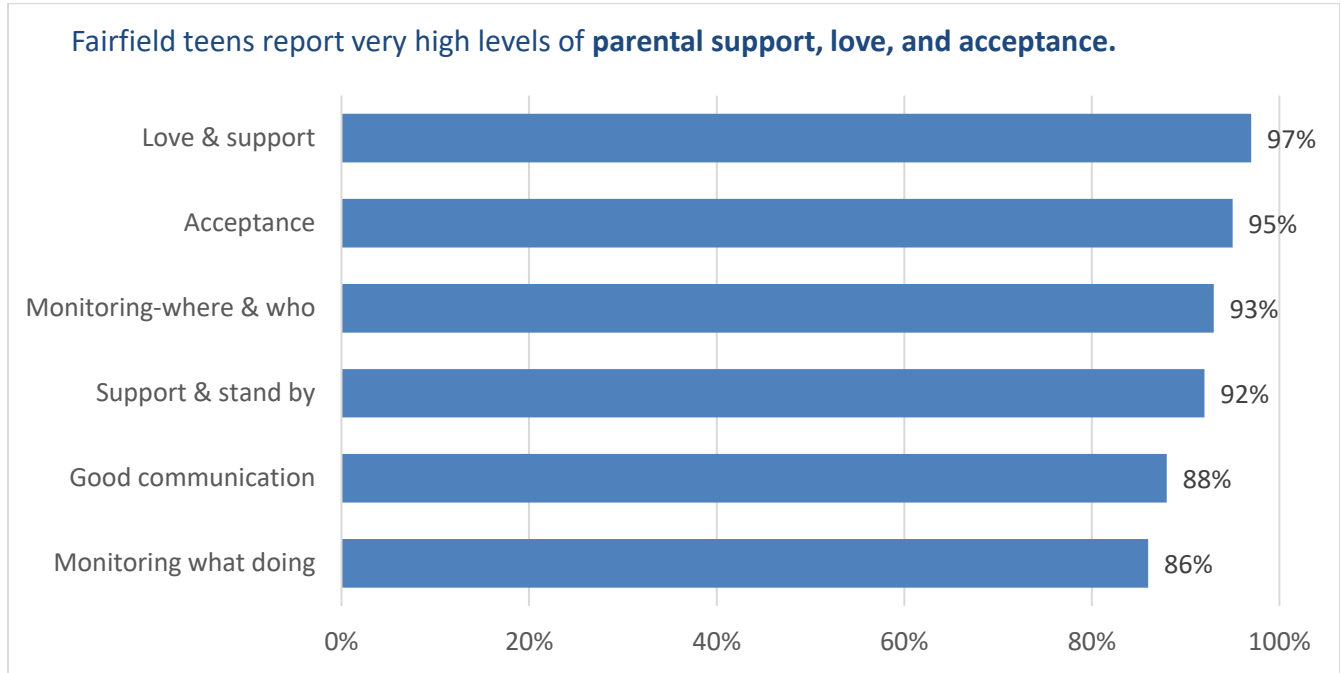
Less than half of Fairfield teens report that their parent or guardian **take steps to ensure youth cannot get access to alcohol at their house**. 57% report that steps are taken to prevent underage youth from **drinking at home**.



My parent/guardian...	Grade	Strongly Disagree %	Somewhat Disagree %	Somewhat Agree %	Strongly Agree %
take steps to ensure that underage youth cannot get alcohol from our house. (e.g., alcohol is locked up or not accessible to underage youth).	7-8	32	28	20	20
	9-12	26	28	25	22
	7-12	27	28	24	22
take steps to ensure that underage youth do not drink alcohol in our house.	7-8	32	18	19	31
	9-12	20	21	26	33
	7-12	23	20	24	33

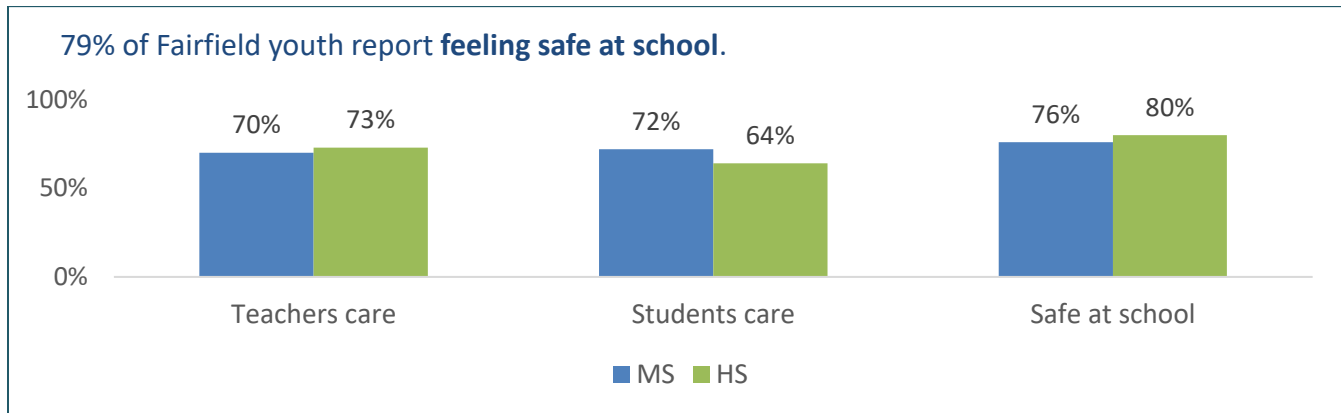
Supports

Family Support

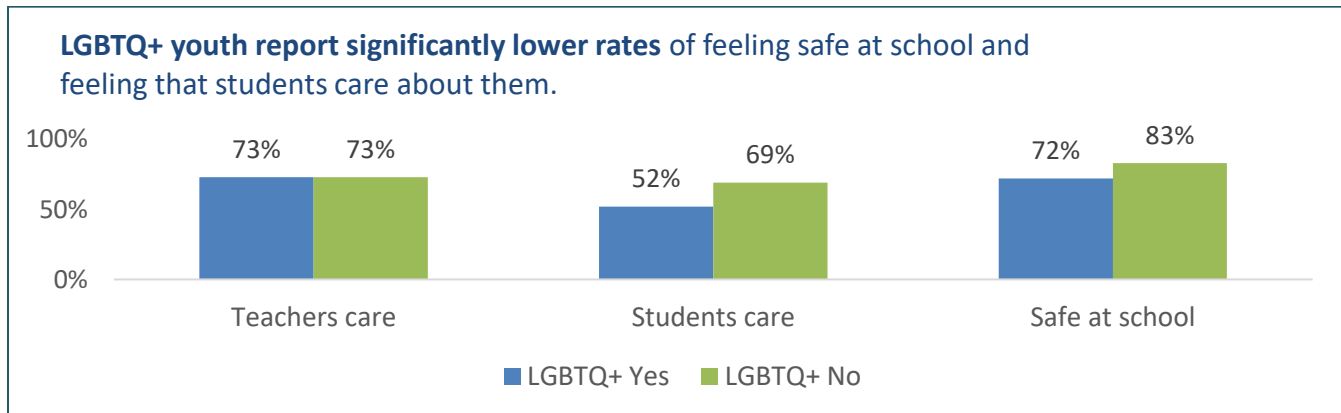


My parent/guardian...	Grade	Strongly Disagree %	Disagree %	Agree %	Strongly Agree %
is good at talking with me about important or serious things	7-8	2	4	49	44
	9-12	3	11	45	41
	7-12	3	10	46	42
knows where I am and who I am with when I go out	7-8	1	2	38	59
	9-12	3	7	26	64
	7-12	2	5	43	50
knows what I am doing when I go out	7-8	1	8	40	51
	9-12	3	12	47	38
	7-12	2	11	46	40
love and support me	7-8	1	1	22	76
	9-12	1	2	27	70
	7-12	1	2	26	71
accept me for who I am	7-8	1	2	23	73
	9-12	2	4	29	66
	7-12	1	3	28	67
stand by me and support me, even if I don't live up to their expectations	7-8	1	3	33	62
	9-12	2	7	37	54
	7-12	2	6	36	56

School Support



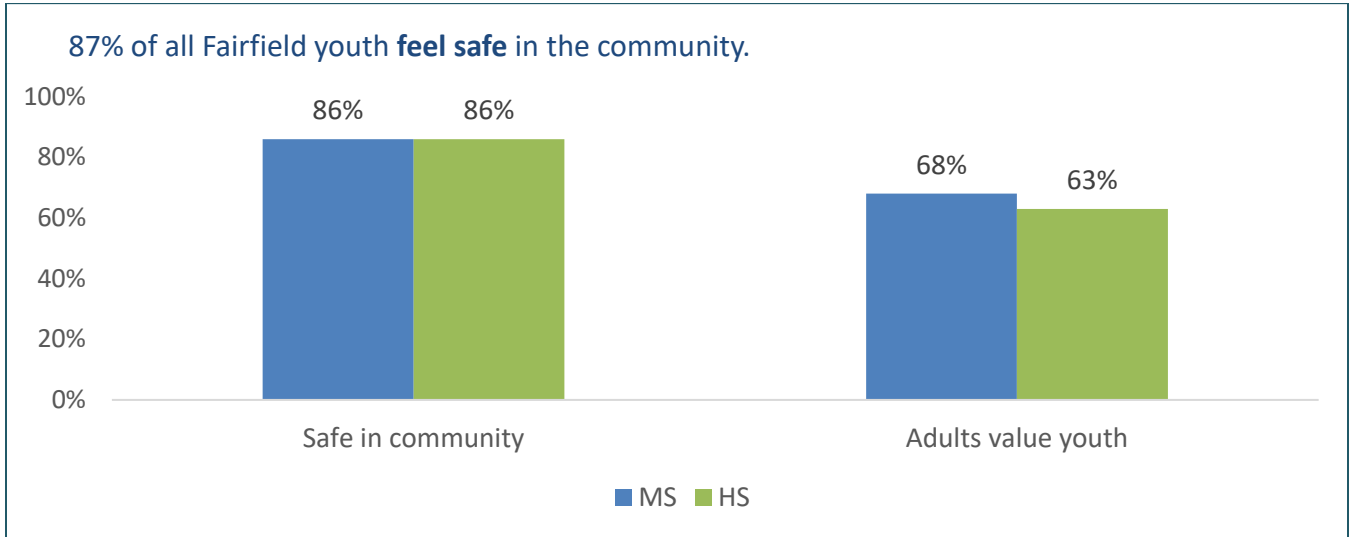
Please choose the response that best describes how you feel.	Grade	Strongly Disagree %	Somewhat Disagree %	Somewhat Agree %	Strongly Agree %
My teachers really care about me.	7-8	7	23	53	17
	9-12	6	21	59	14
	7-12	6	21	58	15
Students in my school care about me.	7-8	9	19	53	19
	9-12	9	26	51	13
	7-12	9	25	51	15
I feel safe at school.	7-8	5	18	46	30
	9-12	5	15	52	28
	7-12	5	16	50	29



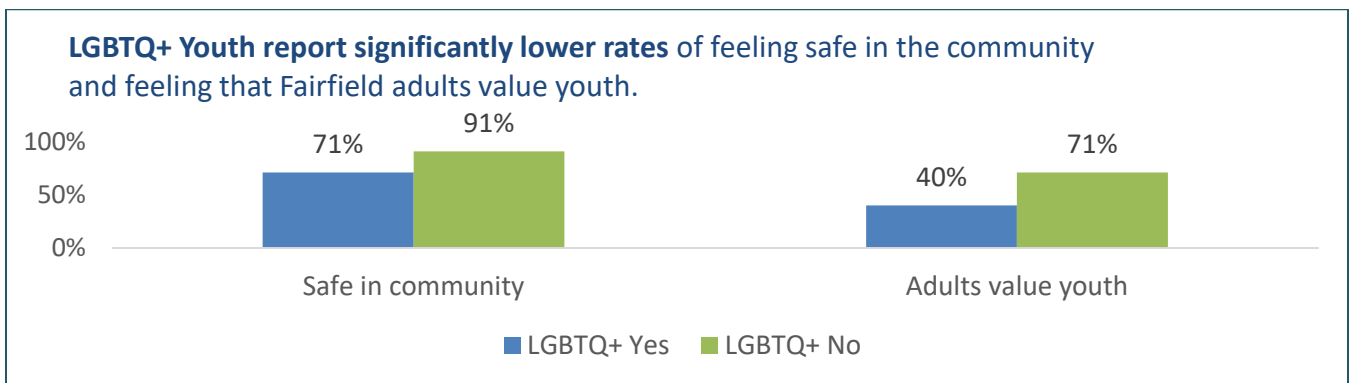
Please choose the response that best describes how you feel.	Somewhat & Strongly Agree %	Male %	Female %	LGBTQ+ Yes %	LGBTQ+ No %
My teachers really care about me.	73	73	72	73	73
Students in my school care about me.	68	69	65	52	69 ^B
I feel safe at school.	85	82	78	72	83 ^B

^BSignificant difference between LGBTQ+ Yes and LGBTQ+ No

Community Support



Please choose the response that best describes how you feel.	Grade	Strongly Disagree %	Somewhat Disagree %	Somewhat Agree %	Strongly Agree %
I feel safe in my community.	7-8	4	11	48	38
	9-12	4	9	39	47
	7-12	3	10	52	35
Adults in Fairfield value youth my age (e.g. adults listen to what we have to say, they make us feel important).	7-8	10	22	41	27
	9-12	11	25	40	23
	7-12	14	28	42	15



Please choose the response that best describes how you feel.	Somewhat & Strongly Agree %	Male %	Female %	LGBTQ+ Yes %	LGBTQ+ No %
I feel safe in my community.	87	89	88	71	91 ^B
Adults in Fairfield value youth my age	57	62	55	40	71 ^B

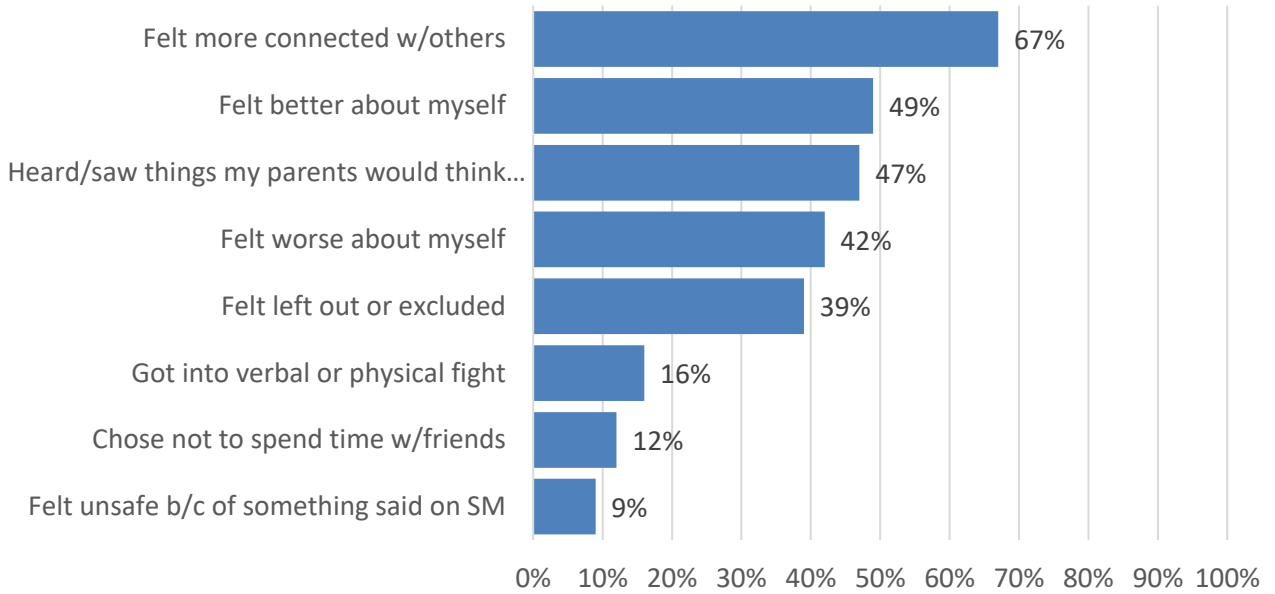
^BSignificant difference between LGBTQ+ Yes and LGBTQ+ No

Protective & Risk Factors

Social media and gaming hold qualities that can be seen as both protective (e.g. Feel more connected to others) and risky (e.g. Feel worse about myself, felt unsafe because of something said to me on social media.)

Social Media

More than 6 out of 10 teens report feeling **more connected** with others through social media. 1 in 4 teens feel **worse** about themselves and feel **left out or excluded** through use of social media.

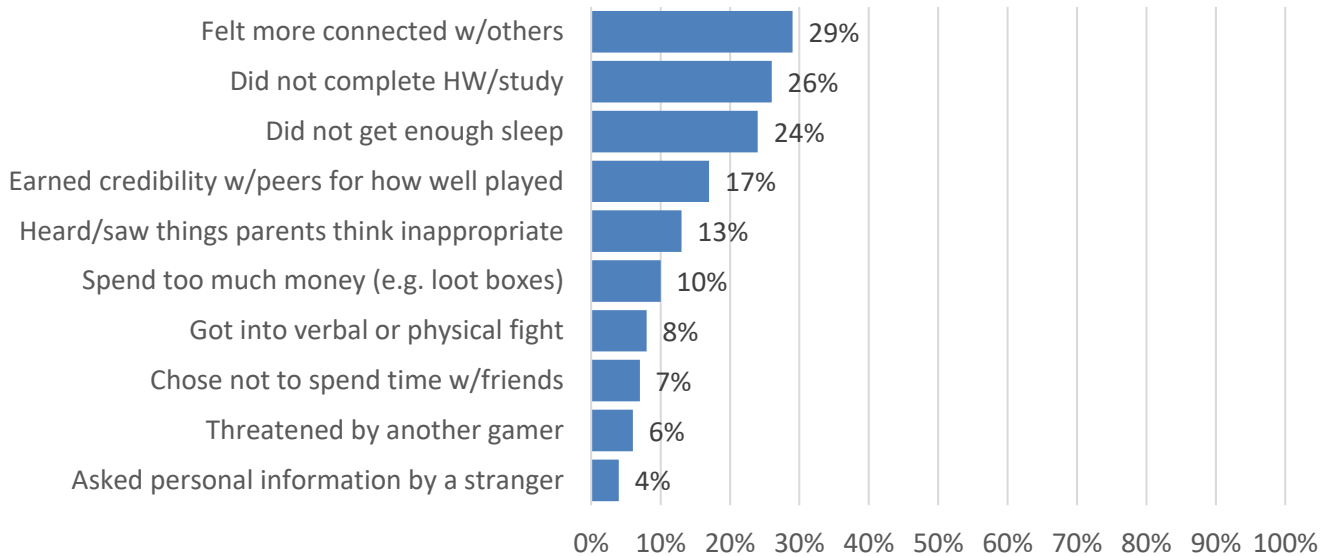


In the past 12 months, have you experienced any of the following as a result of social media?	Grade	Yes %
I chose not to or missed an opportunity to spend time in person with friends because I preferred to be on social media	7-8	16
	9-12	11
	7-12	12
I got into a verbal or physical fight	7-8	21
	9-12	15
	7-12	16
I felt more connected with others	7-8	67
	9-12	67
	7-12	66
I felt left out or excluded	7-8	34
	9-12	41
	7-12	39
I felt BETTER about myself	7-8	46
	9-12	49
	7-12	49

I felt WORSE about myself	7-8	27
	9-12	46
	7-12	42
I felt unsafe because of something said to me on social media	7-8	8
	9-12	9
	7-12	9
I heard or saw something my parents/guardians would think is inappropriate	7-8	43
	9-12	48
	7-12	47

Gaming

1 out of 3 teens report feeling **more connected with others** through gaming. More than 1 in 4 reported that they **did not complete homework or get enough sleep** because of gaming.

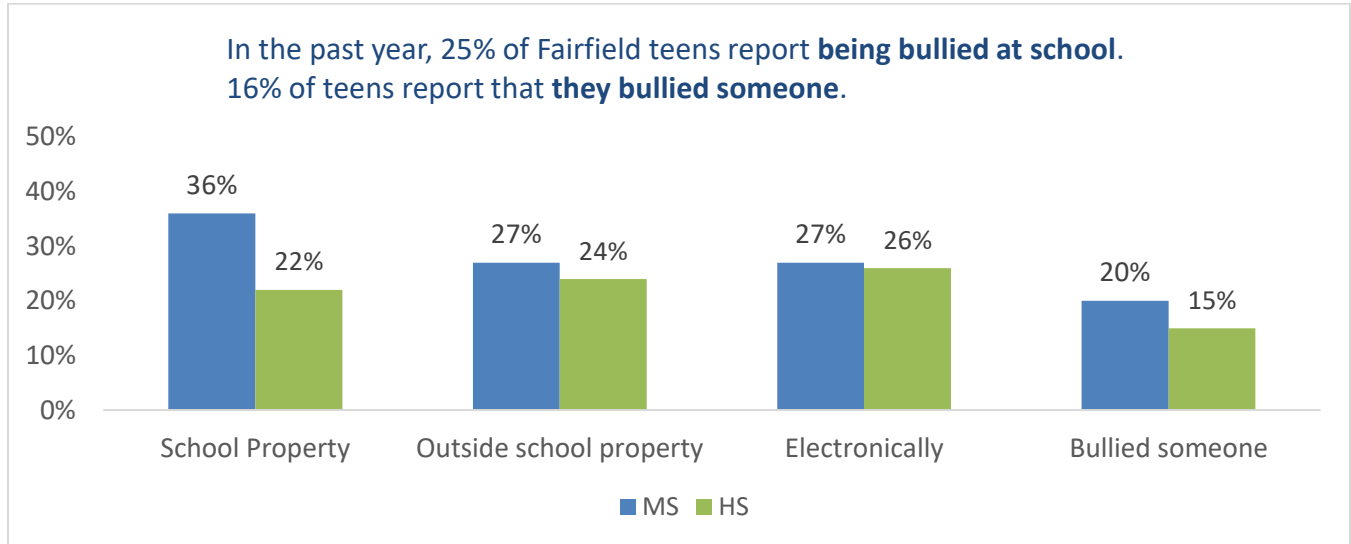


In the past 12 months, have you experienced any of the following as a result of playing video games?	Grade	Yes %
I did not get enough sleep	7-8	35
	9-12	22
	7-12	24
I heard or saw things my parents/guardians would think is inappropriate	7-8	17
	9-12	12
	7-12	13
I did not complete my homework or study	7-8	36
	9-12	23
	7-12	26
I chose not to spend time in person with friends because I preferred to play video games	7-8	10
	9-12	7
	7-12	7
I got into a verbal or physical fight	7-8	12
	9-12	7
	7-12	8
I felt more connected with others	7-8	38
	9-12	27
	7-12	29
I earned credibility with my peers for how well I played	7-8	26
	9-12	15
	7-12	17
I have been asked for personal information by a stranger (e.g. name, town you live, age, etc.)	7-8	6
	9-12	4
	7-12	4
I was threatened by another gamer	7-8	4
	9-12	7
	7-12	6
I spent too much money (e.g. loot boxes)	7-8	14
	9-12	9
	7-12	10

Risk Factors

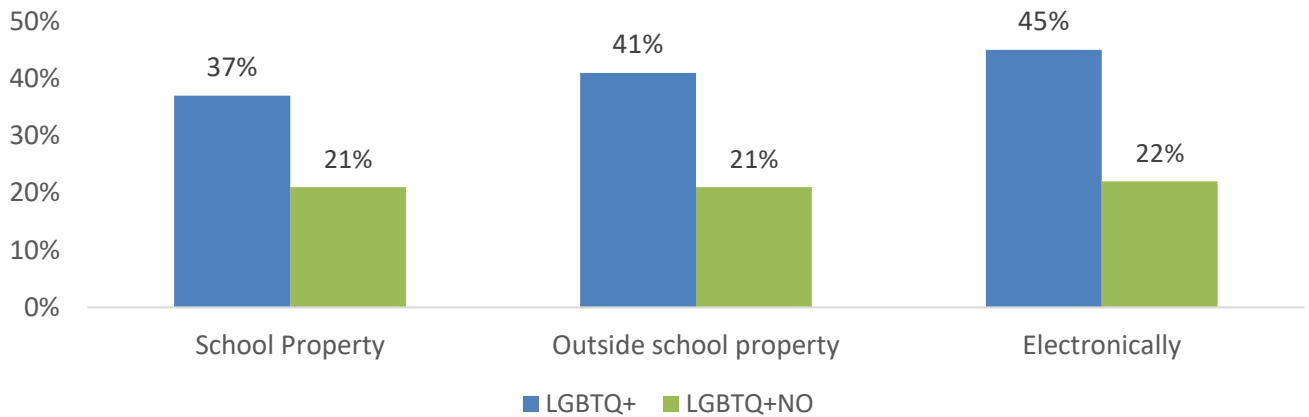
Risk factors are characteristics at the biological, psychological, family, community, or cultural level that precede and are associated with a higher likelihood of negative outcomes. People with some risk factors have a greater chance of experiencing even more risk factors, and they are less likely to have protective factors.

Bullying



During the past 12 months...	Grade	Yes %
Have you ever been bullied on school property?	7-8	36
	9-12	22
Have you ever been bullied outside of school property?	7-12	25
	7-8	27
	9-12	24
Have you ever been electronically bullied? (Bullied through texting, Instagram, Snapchat, or other social media.)	7-12	25
	7-8	27
	9-12	26
Have you ever bullied anyone?	7-12	26
	7-8	20
	9-12	15
	7-12	16

LGBTQ+ youth report higher rates of being bullied.



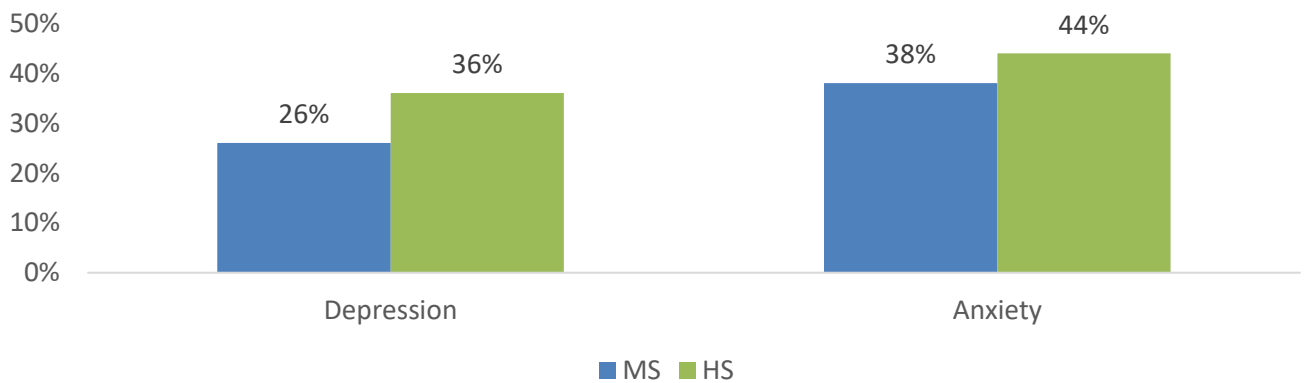
During the past 12 months...	YES	7-12 %	Male %	Female %	LGBTQ+ Yes %	LGBTQ+ No %
Have you ever been bullied on school property?		25	24	23	37 ^B	21
Have you ever been bullied outside of school property?		25	21	26	41 ^B	21
Have you ever been electronically bullied?		26	29	28	45 ^B	22
Have you ever bullied anyone?		16	19	14	18	16

^BSignificant difference between LGBTQ+ Yes and LGBTQ+ No

Mental Health

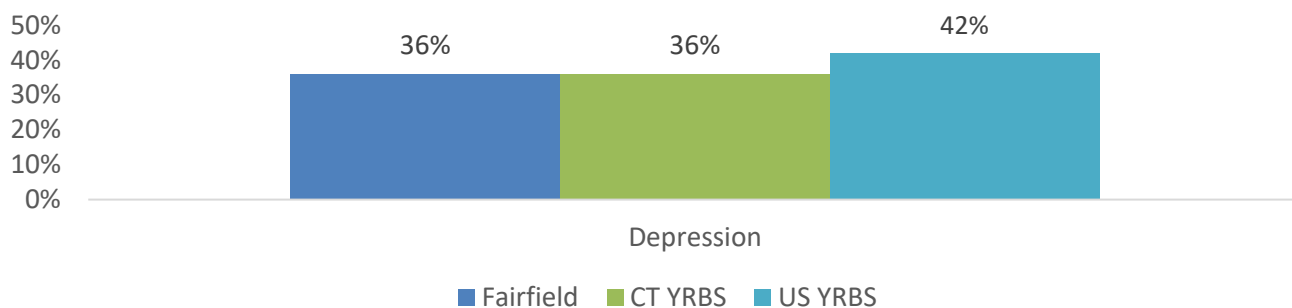
Depression and Anxiety

More than 1 in 3 Fairfield teens report **depression** in the past year. 42% report **persistent anxiety** in the past year.



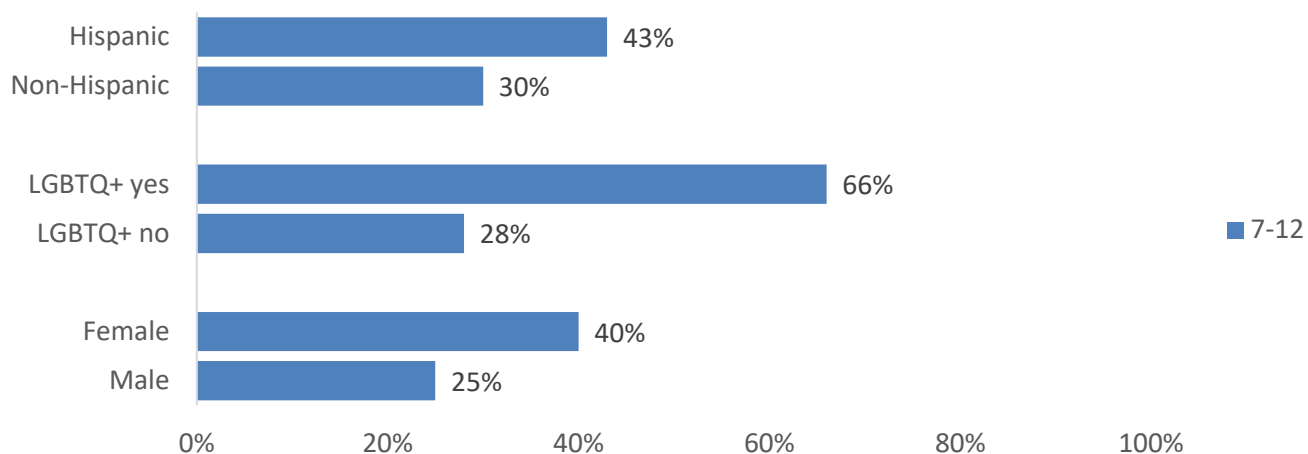
During the past 12 months...	Grade	Yes %
did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?	7-8	26
	9-12	36
	7-12	34
did you ever feel so anxious almost every day for two weeks or more in a row that you stopped doing some usual activities?	7-8	38
	9-12	44
	7-12	42

HS depression rates in Fairfield are **currently the same** as the most recent Youth Risk Behavior Survey (CDC & DPH) data from Connecticut and **lower than** the United States.



9-12 grade	Fairfield	CT YRBS	US YRBS
During the past 12 months...	2023	2021	2021
	%	%	%
did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?	36	36	42

Reported rates of **depression** are significantly higher among females, LGBTQ+, and Hispanic youth.



Reported Depression by Demographics

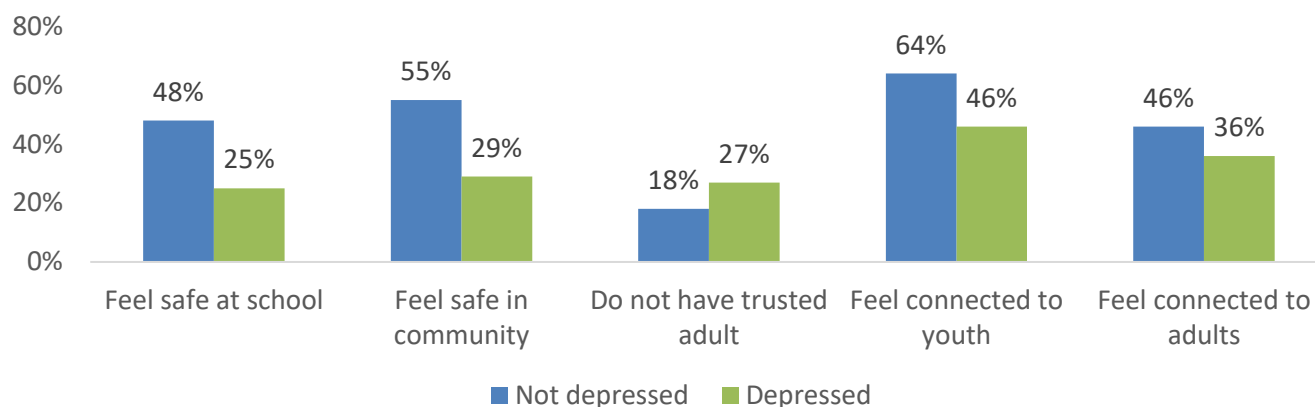
Persistent sadness/hopelessness in past year	Yes %
7th-12th	34
Gender	
Female (n=885)	40 ^A
Male (n=717)	25
Member of LGBTQ+ community?	
Yes (n=215)	66 ^B
No (n=1309)	28
Grade	
7 (n=301)	21
8 (n=156)	32
9 (n=298)	33
10 (n=321)	36
11 (n=337)	41
12 (n=306)	36
Ethnicity	
Hispanic (n=190)	43 ^C
Non-Hispanic (n=1469)	30
Race	
Asian (n=127)	31
Multiracial (n=142)	38
White (n=1306)	34
Black (n=53)	44

^ASignificantly higher than Male

^BSignificantly higher than non-member of LGBTQ+ community

^CSignificantly higher than non-Hispanic youth

Youth who report **depression** have **lower rates** of feeling safe at school and in the community, having a trusted adult, and adult and youth connections.

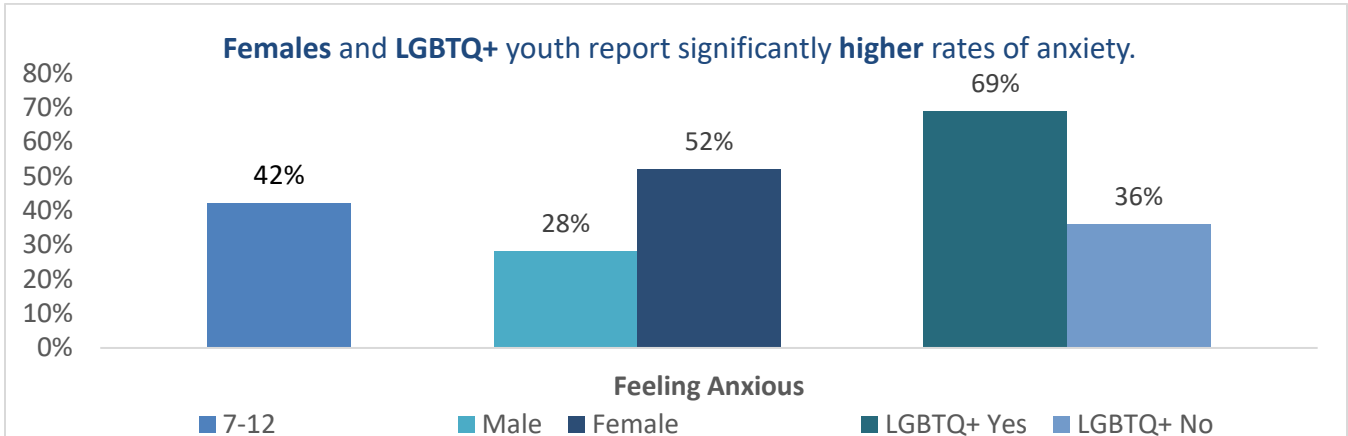


Reported Depression by Other Variables

During the past 12 months did you ever feel so sad or hopeless almost every day for 2 weeks or more in a row that you stopped doing some usual activities?	No % (n=1089)	Yes % (n=572)
School & Community Supports (Strongly Agree)		
My teachers really care about me	16	11 ^A
Students in my school care about me	18	8 ^A
I feel safe at school	36	16 ^A
I feel safe in my community	42	22 ^A
Adults value youth	19	7 ^A
No Trusted Adult	84	75 ^A
How connected feel to: (Very/Extremely)		
Adults In school	14	11
Youth In school	50	35 ^A
Adults outside of school	54	34 ^A
Community	36	20 ^A
Past 30-day use of		
Alcohol	15	23 ^A
Marijuana	5	14 ^A
Nicotine (vaped)	2	9 ^A

^ASignificant difference between Yes and No depression

During the past 12 months, have you...	Grade	YES %
Felt anxious almost every day for 2 weeks or more in a row that you stopped doing some usual activities?	7-8	38
	9-12	44
	7-12	42



In the past 12 months, have you...	YES %	Male %	Female %	LGBTQ+ Yes %	LGBTQ+ No %
Felt anxious	42	28	52 ^A	69	36 ^B

^ASignificant difference between Male and Female

^BSignificant difference between LGBTQ+ Yes and LGBTQ+ No

Substance Use

The DFC National Evaluation Team seeks to determine how effective the DFC program has been at achieving its goals of increasing collaboration and reducing or preventing substance misuse among youth. All DFC grantees participate in the National Evaluation and are required, at a minimum, to collect the same four core measures. Coalitions are expected to utilize the data to assess the overall effectiveness of the DFC program on youth substance use. **Core measures** are:

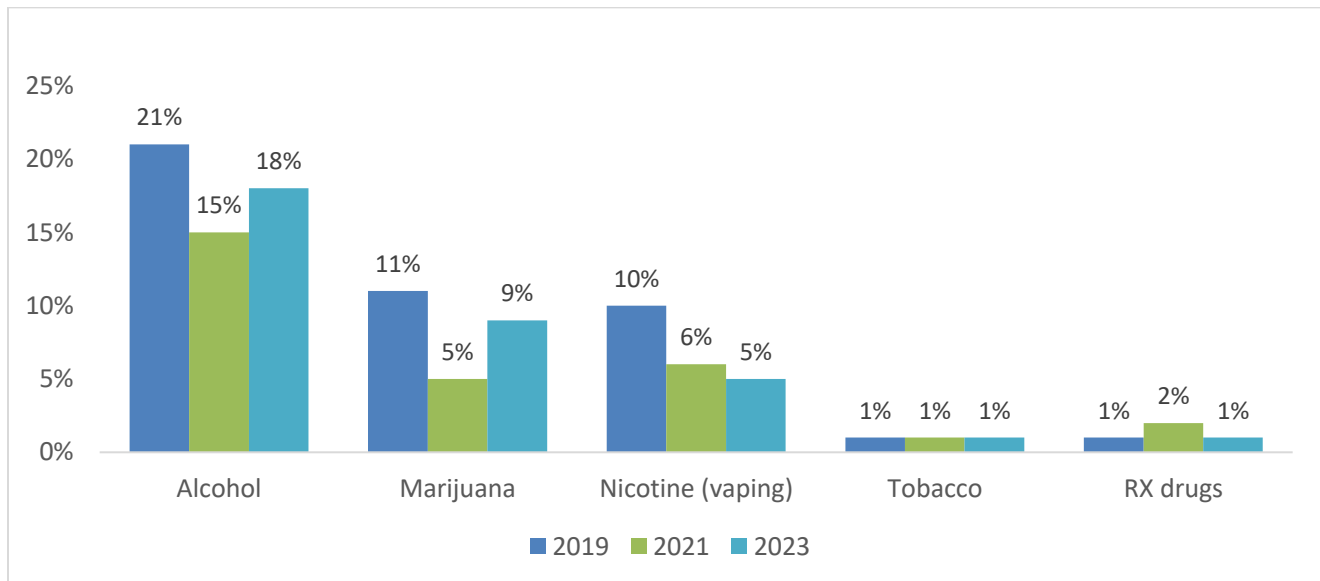
- ✓ Past 30-day Use – the percentage of youth who report using alcohol, tobacco, marijuana, or prescription drugs not prescribed to them at least once in the past 30-days.
- ✓ Perception of Risk – the percentage of youth who report that there is moderate or great risk in binge drinking, smoking one or more packs of cigarettes per day, smoking marijuana once or twice a week, or using prescription drugs not prescribed to them.
- ✓ Perception of Parental Disapproval – the percentage of youth who report that their parents feel regular use of alcohol is wrong or very wrong, and report that their parents feel any use of cigarettes, marijuana, or prescription drugs not prescribed to them is wrong.
- ✓ Perception of Peer Disapproval – the percentage of youth who report that their friends feel regular use of alcohol is wrong or very wrong, and report that their peers feel any use of cigarettes, marijuana, or prescription drugs not prescribed to them is wrong.

TYTF also collects core measure data around nicotine use (from a vaping device).

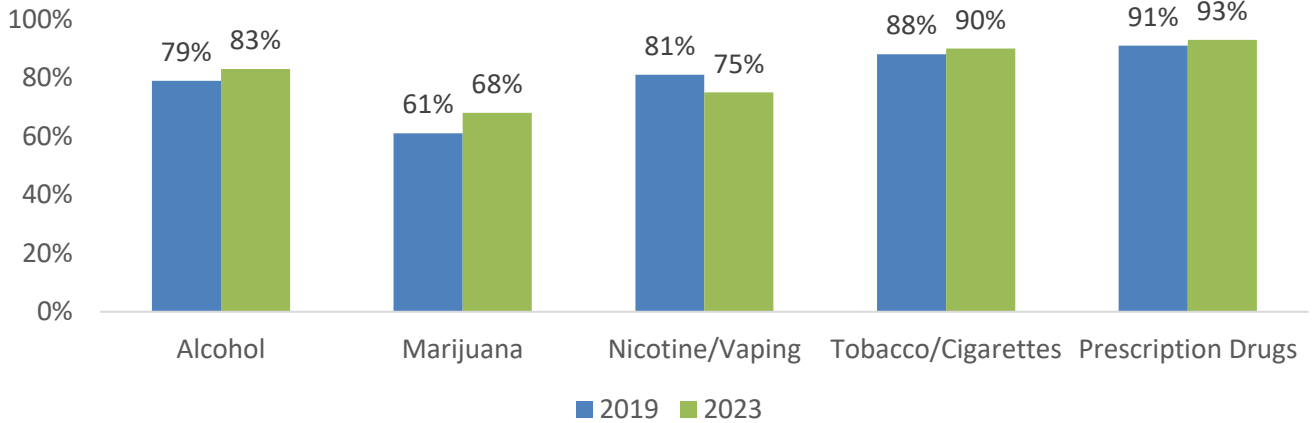
Core Measures, 2019 to 2023

Since 2019, alcohol, marijuana and vaping use rates have decreased.

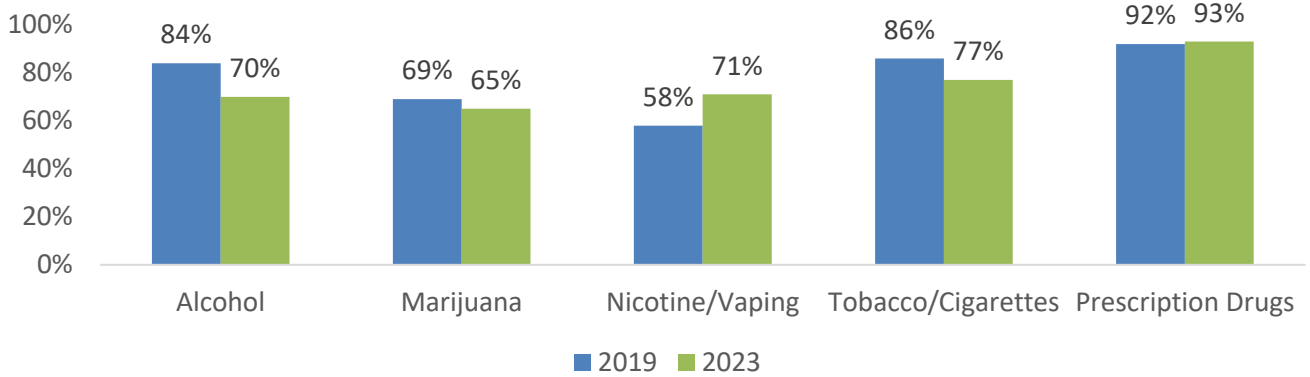
SUBSTANCE USE RATES:



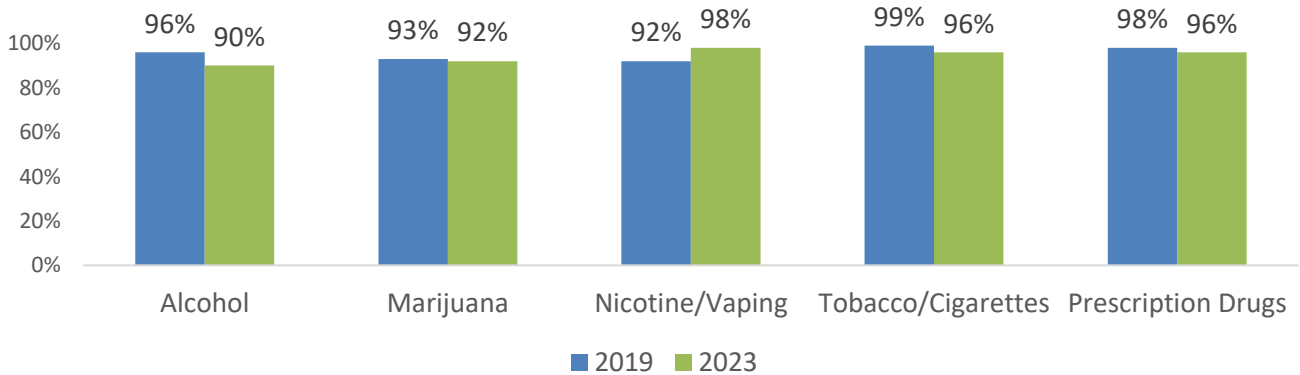
Perception of risk rates



Perception of peer disapproval rates of most substances are **decreasing**. Peer disapproval rates around vaping nicotine have increased significantly.



Perception of parent disapproval rates are high; Parental disapproval of alcohol perception is **decreasing**.



Alcohol	2016	2019	2021	2023
	%	%	%	%
Past 30 Day Use	24	21	15	18
Parental Disapproval	**	96	98	90
Peer Disapproval	**	84	78	70
Perception of Risk	82	82	79	83

Marijuana	2019	2021	2023
	%	%	%
Past 30 Day Use	11	5	9
Parental Disapproval	93	92	92
Peer Disapproval	69	71	65
Perception of Risk	64	61	68

Nicotine (vaping)	2019	2021	2023
	%	%	%
Past 30 Day Use	10	6	5
Parental Disapproval	92	97	98
Peer Disapproval	58	76	71
Perception of Risk	69	81	75

Cigarettes/Tobacco	2019	2021	2023
	%	%	%
Past 30 Day Use	1	1	1
Parental Disapproval	99	98	96
Peer Disapproval	86	87	77
Perception of Risk	92	88	90

Prescription Drugs	2019	2021	2023
	%	%	%
Past 30 Day Use	1	2	1
Parental Disapproval	98	97	96
Peer Disapproval	92	90	89
Perception of Risk	94	91	93

30-day use rates High School, 9-12	Darien 2023	Fairfield 2023	Greenwich 2023	YRBS US 2021	YRBS CT 2021
	%	%	%	%	%
Alcohol	24	21	21	23	18
Marijuana	9	12	7	16	11
Nicotine/vaping	5	5	5	18	11

30-day use rates High School, 9-12	2023 %	2021 %	2019 %
Alcohol	21	17	31
Marijuana	12	7	19
Nicotine/vaping	5	7	NA

Summary of Core Measures by Grade

	Alcohol %	Cigarettes %	Marijuana %	RX drugs %	Vaping with Nicotine %
30-day use					
7 th	3.7	0	1	.6	1
8 th	4	0	3	.6	3
9 th	7.1	0	9	1.1	4
10 th	13	0	13	1.3	3
11 th	31.6	1	18	.3	7
12 th	36.8	2	17	2.2	5
Total	17.9	1	9	1.1	5
Perception of harm					VAPE NICOTINE 1 or 2x/week
7 th	81	89	79	91	71
8 th	87	89	73	91	71
9 th	85	90	74	91	76
10 th	87	90	71	94	81
11 th	77	91	57	93	72
12 th	71	93	59	86	75
Total	83	90	68	93	75
Perception of parental disapproval					
7 th	94	97	96	96	97
8 th	95	99	98	95	99
9 th	92	96	94	95	96
10 th	90	97	93	97	97
11 th	86	87	88	97	97
12 th	85	96	84	96	97
Total	90	96	92	96	98
Perception of peer disapproval					
7 th	83	93	93	92	91
8 th	82	92	88	93	85
9 th	72	83	75	79	77
10 th	68	80	69	90	71
11 th	64	66	48	89	63
12 th	65	65	39	85	54
Total	70	77	65	89	69

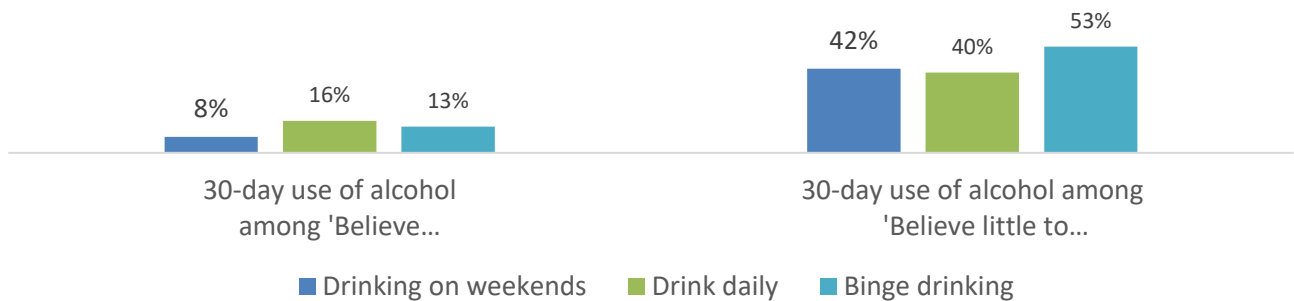
Perception of Parental and Peer Disapproval and Perception of Risk

The greater a young person’s perception that substance use is harmful/risky, and that their peers and parents disapprove of use, the less likely they are to engage in substance use.

Perception of Parental Disapproval

How wrong do your <u>parents/guardians</u> feel it would be for you to do the following?	Grade	Not at all wrong %	A little bit wrong %	Wrong %	Very wrong %
Drink 1 or 2 alcoholic beverages (beer, wine, liquor) nearly every day?	7-8	1	5	16	78
	9-12	4	8	20	69
	7-12	3	7	19	71
Drink 5 or more drinks on one occasion?	7-8	1	3	14	82
	9-12	4	12	25	60
	7-12	3	10	23	64
Drink alcohol on weekends?	7-8	6	11	16	67
	9-12	11	21	26	42
	7-12	10	19	24	64
Smoke cigarettes or use tobacco?	7-8	1	1	8	90
	9-12	2	1	14	83
	7-12	2	1	12	84
Use nicotine through a vaping device (JUUL, Blu, Puff Bar)?	7-8	1	1	8	89
	9-12	2	1	11	86
	7-12	1	1	11	87
Use marijuana or THC products (includes use through a vaping device, smoking it, eating it/edibles, inhaling it)?	7-8	1	2	7	90
	9-12	3	7	16	73
	7-12	2	6	15	77
Use prescription drugs not prescribed to you?	7-8	1	3	11	84
	9-12	2	2	9	88
	7-12	2	2	9	87

Youth who believe their parents disapprove of substance use are significantly **less likely** to use compared to youth who do not believe their parents disapprove of use.



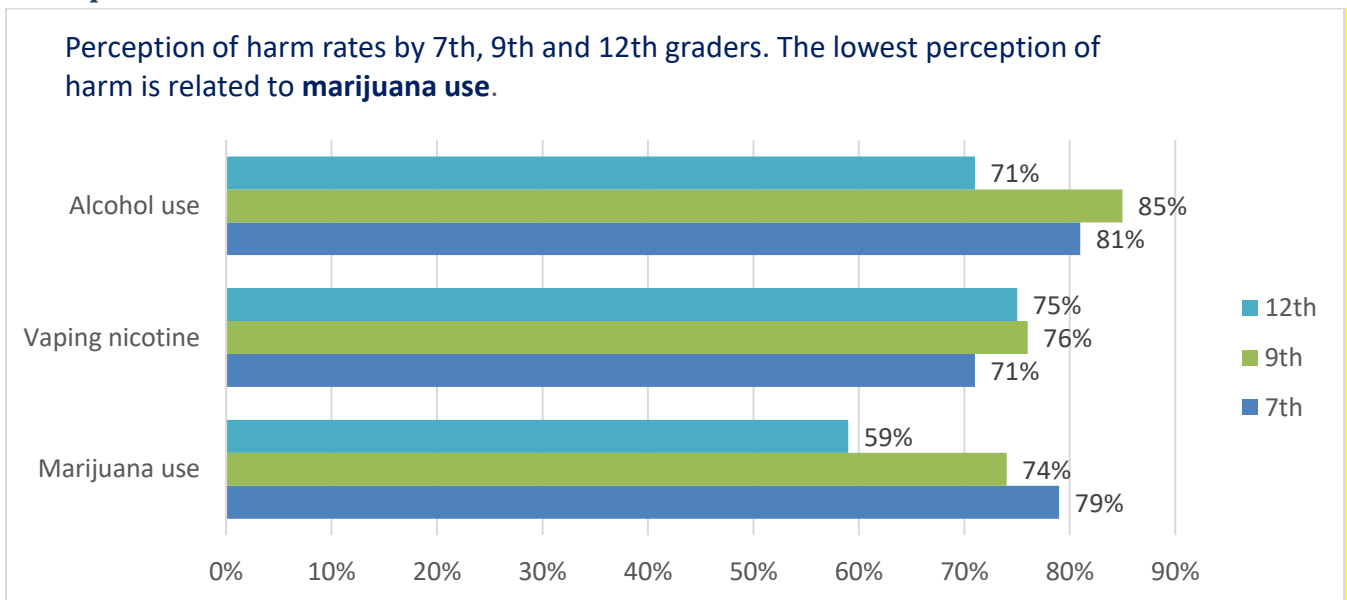
Perception of parent disapproval BY alcohol use rates (Lifetime and 30-day)	Not wrong/ A little wrong %	Wrong/ Very wrong %
(Perc. of parent disapproval) Drinking 1 or 2 drinks every day	n=196	n=1668
Never drank	36	65
Drank in Lifetime	25	19
Drank in past 30-days	40	16
(Perc. of parent disapproval) Binge drinking (5+ in one occasion)	n=248	n=1618
Never drank	24	68
Drank in Lifetime	23	19
Drank in past 30-days	53	13
(Perc. of parent disapproval) Drinking on weekends	n=540	n=1313
Never drank	32	74
Drank in Lifetime	26	18
Drank in past 30-days	42	8

Perception of Peer Disapproval

How wrong do your <u>friends</u> feel it would be for you to do the following?	Grade	Not at all wrong %	A little bit wrong %	Wrong %	Very wrong %
Drink 1 or 2 alcoholic beverages (beer, wine, liquor) nearly every day?	7-8	5	13	26	56
	9-12	14	19	32	35
	7-12	12	18	31	39
Drink 5 or more drinks on one occasion?	7-8	4	12	18	66
	9-12	21	23	26	30
	7-12	18	21	24	37

Drink alcohol on weekends?	7-8	9	15	24	53
	9-12	36	23	20	20
	7-12	31	22	21	26
Smoke cigarettes or use tobacco?	7-8	2	5	18	74
	9-12	9	17	30	44
	7-12	7	15	27	50
Use nicotine through a vaping device (JUUL, Blu, Puff Bar)?	7-8	3	9	21	68
	9-12	14	20	26	41
	7-12	12	18	25	46
Use marijuana or THC products (includes use through a vaping device, smoking it, eating it/edibles, inhaling it)?	7-8	3	7	18	73
	9-12	20	22	22	37
	7-12	16	19	21	44
Use prescription drugs not prescribed to you?	7-8	1	6	17	76
	9-12	4	8	25	63
	7-12	4	7	23	66

Perception of Harm



How much do you think people risk harming themselves physically or in other ways, when they do the following:	Grade	No Risk %	Slight Risk %	Moderate Risk %	Great Risk %
Use nicotine through a vaping device (JUUL, Blu, Puff Bar) daily?	7-8	4	16	27	52
	9-12	5	14	31	50
	7-12	5	14	30	50
Smoke cigarettes, 1 or more packs a day?	7-8	3	8	20	69
	9-12	3	6	16	75
	7-12	3	7	17	73

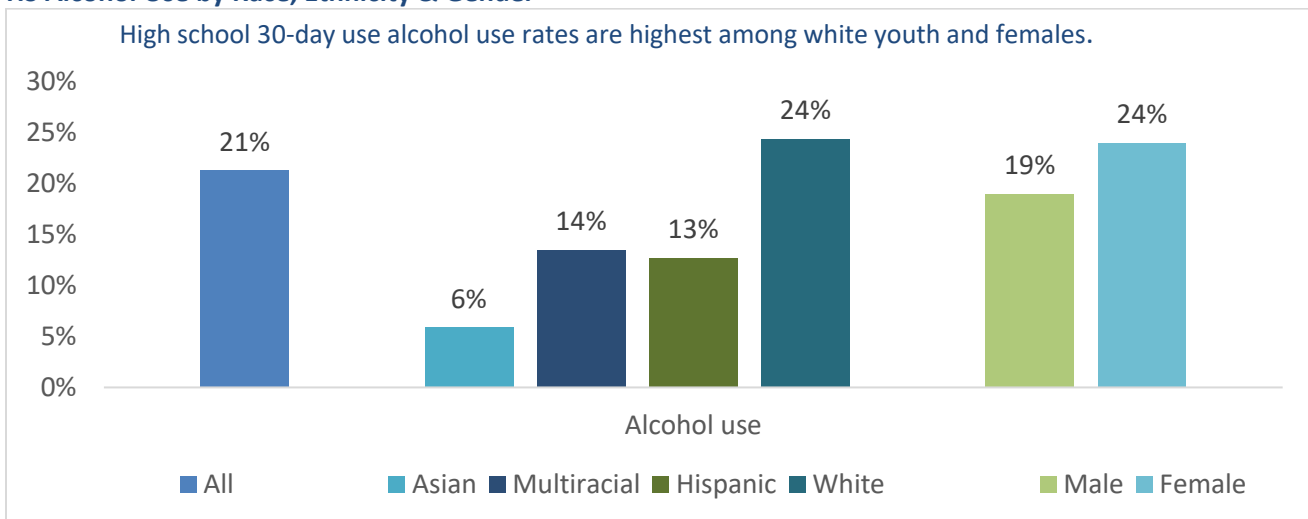
Drink 1 or 2 drinks of alcohol nearly every day?	7-8	10	36	37	18
	9-12	8	26	36	30
	7-12	9	28	36	27
Drink 5 or more alcoholic beverages (beer, wine, liquor), 1 or 2 times a week?	7-8	4	12	30	45
	9-12	3	14	34	48
	7-12	3	14	34	49
Use marijuana or THC products, 1 or 2 times a week?	7-8	5	19	34	43
	9-12	9	26	31	35
	7-12	8	24	32	36
Use nicotine through a vaping device (JUUL, Blu, Puff Bar) 1 or 2 times a week?	7-8	5	24	30	42
	9-12	6	19	34	35
	7-12	6	20	33	42
Use prescription drugs that are not prescribed to them?	7-8	3	6	24	66
	9-12	2	5	20	73
	7-12	2	5	21	72

Alcohol Use & Access

Use

Think back over the past 30 days. On how many days, if any, did you:	Grade	I have NEVER used. %	I have used but NOT in the past 30 days. %	Occasionally (1-5 days) %	Frequently (5-20 days) %	Almost every day (21+ days) %
drink 1 or more alcoholic beverages (beer, wine, liquor)?	7-8	80	17	3	^	^
	9-12	58.1	20.6	18.8	2.3	.2
	7-12	62	20	16	2	^

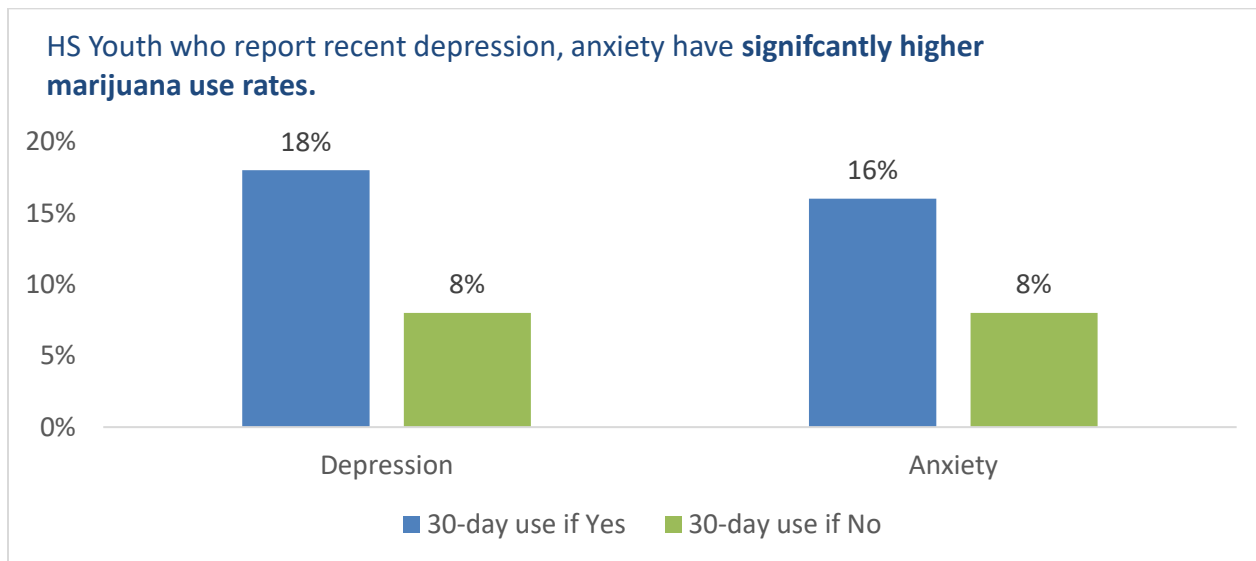
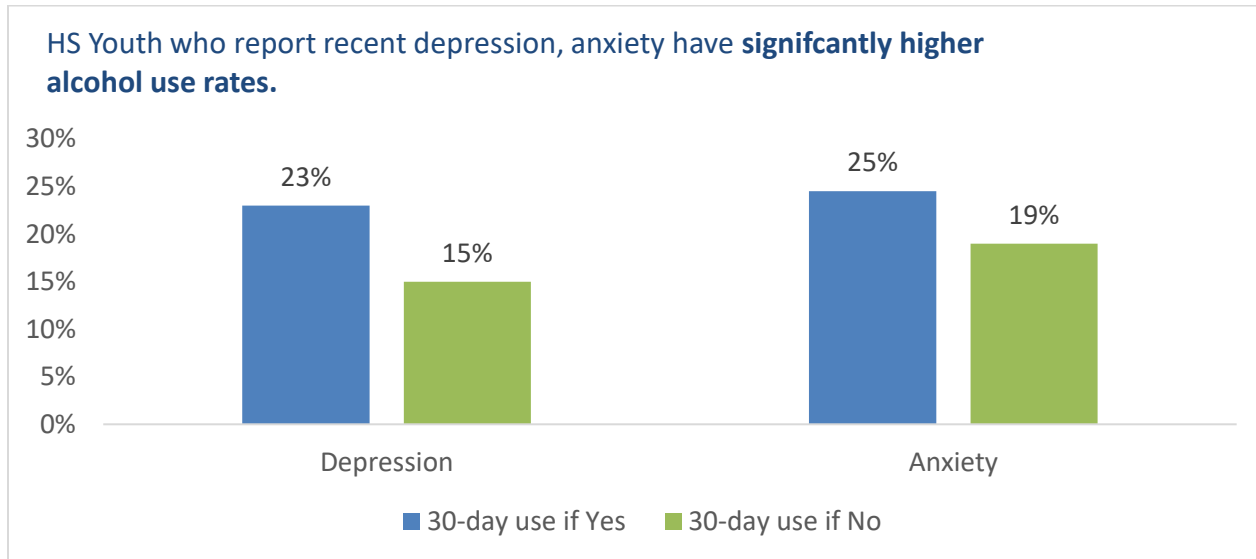
HS Alcohol Use by Race, Ethnicity & Gender



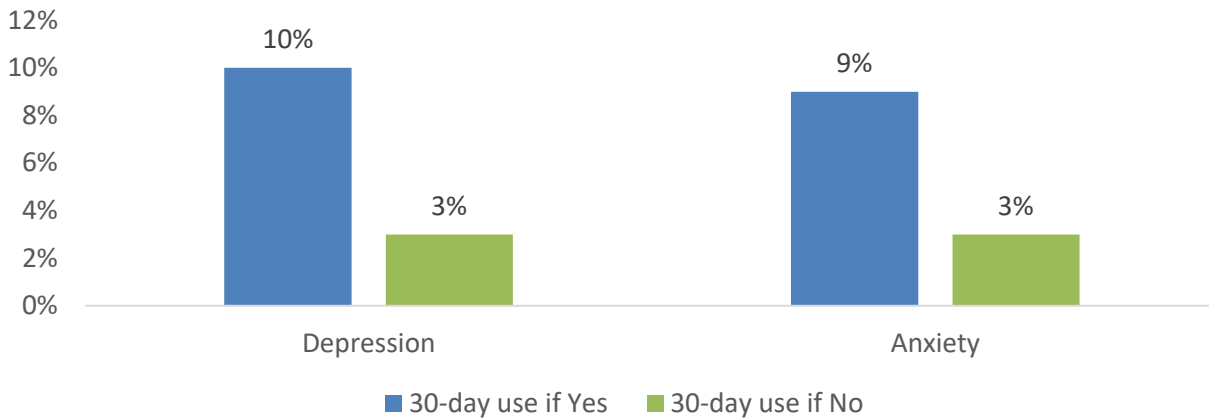
High School 30-Day Alcohol Use			
	%	Race/Ethnicity	%
ALL	21.3	Hispanic/Latino	12.7
		Asian	5.9
LGBTQ+	21.3	Multiracial	13.5
LGBTQ no	22.1	Black	10.3
		White	24.4
		Gender Identity	%
		Male	19
		Female	24.3 ^A

^ASignificant difference between Male and Female

HS Use by Mental Health



HS Youth who report recent depression, anxiety have **significantly higher vaping nicotine use rates.**



High School 30-Day Use	Sad or Depressed YES %	Sad or Depressed NO %	Anxiety YES %	Anxiety NO %
Alcohol	25 ^A (n=473)	19 (n=811)	24 ^B (n=558)	19 (n=727)
Marijuana	18 ^A (n=459)	8 (n=817)	16 ^B (n=554)	8 (n=725)
Vaping	10 ^A (n=442)	3 (n=799)	9 ^B (n=533)	3 (n=710)

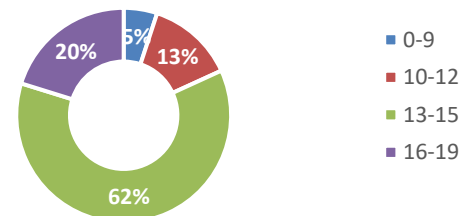
^ASignificant difference between Yes and No depression

^BSignificant difference between Yes and No anxiety

Age of First Use

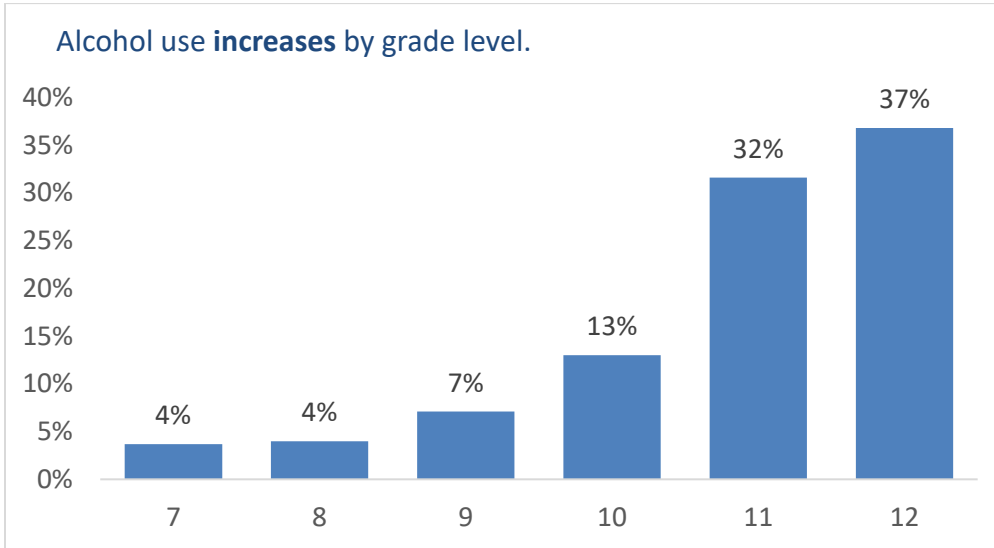
How old were you when you first drank an alcoholic beverage? (n=611)	%
Younger than 8	4
8	^
9	1
10	4
11	3
12	6
13	12
14	25
15	24
16	15

61% of Fairfield teens who have drunk alcohol report that they first drank at age 13 to 15 years old.



17	4
18	^
19	1

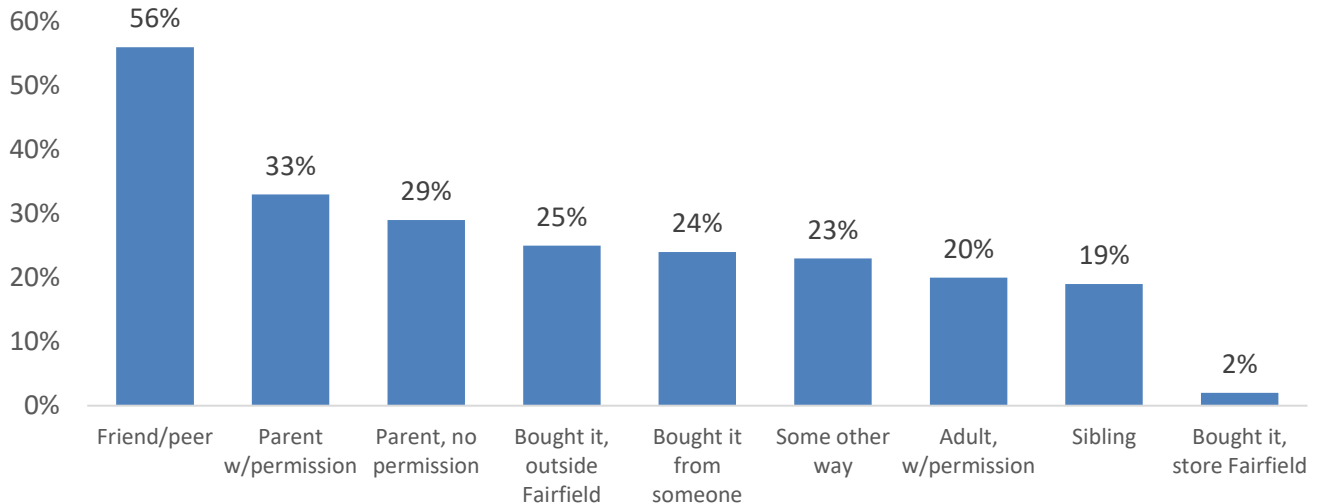
Alcohol Use by Grade



Alcohol Use by grade	%
7 th	4
8 th	4
9 th	7
10 th	13
11 th	32
12 th	37
Use by gender	%
Male	15
Female	21

Access

Youth report most often getting alcohol **from friends**. 1 in 3 teens report getting alcohol from a **parent with permission**.



If you ever drank alcohol, where did you get it? (n=614)	Never %	Rarely %	Sometimes/occasionally %	Often %
A parent/guardian, with permission	36	23	26	15
A parent/guardian, without permission	44	25	19	13
An adult, non-family member, with permission	56	21	18	13
A friend/peer gave it to me	27	13	30	30
A sibling gave it to me	68	13	14	5
Bought it from someone else	66	12	14	9
Bought it myself at a store in Fairfield	80	7	8	6
Bought it myself at a store outside of Fairfield	71	9	10	9
I got it in some other way	63	17	13	7

Location of Alcohol Use

(Summary chart on page 44)

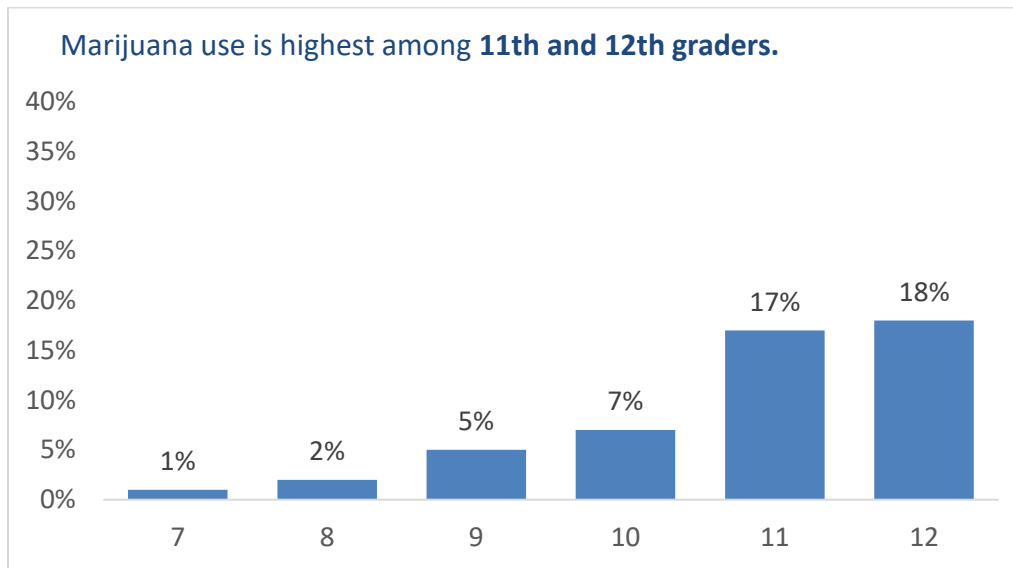
If you ever drank alcohol, where did you drink? (n=609)	Never %	Rarely %	Sometimes/occasionally %	Often %
At home, alone	79	13	5	3
At home, with parent guardian present	48	26	18	8
With friends at my home or my friends' home	30	18	30	23
In a car	87	6	5	2
In the school building	97	2	1	^
Outside on school property	91	4	4	1
At a party	28	15	26	31
A public place, beach, park, woods, or street	63	17	14	6

Marijuana Use & Access

Use

Think back over the past 30 days. On how many days, if any, did you:	Grade	I have NEVER used. %	I have used but NOT in the past 30 days. %	Occasionally (1-5 days) %	Frequently (5-20 days) %	Almost every day (21+ days) %
use marijuana or THC products (includes use through a vaping device, smoking it, eating /edibles, inhaling)?	7-8	97	2	1	1	0
	9-12	80	8	7	3	2
	7-12	84	7	6	2	1

Marijuana Use by Grade



Marijuana Use by grade	%
7 th	1
8 th	2
9 th	5
10 th	7
11 th	17
12 th	18
Use by gender	%
Male	9
Female	9

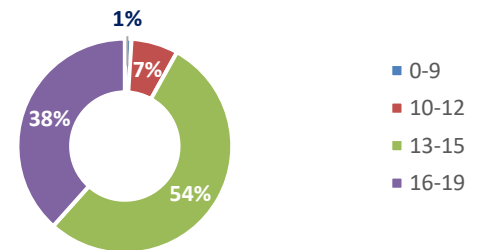
Methods of Use

Please indicate the methods and frequency you have used the following marijuana and THC products (weed, cannabis) in the past year: (n=262)	Never %	Rarely %	Sometimes/occasionally %	Often %
Smoked or inhaled (e.g. joint, bong, bowl, bat, etc.)	30	30	28	13
Consumed edibles (e.g. baked goods, candy, soda or other items that contain marijuana or THC)	37	40	20	3
Vaped	40	25	20	16
Dabbed (e.g. wax or hash)	84	11	4	2
Synthetic marijuana (Spice, K2, K3, Delta-8)	78	11	8	4

Age of Onset

How old were you when you first used a marijuana or THC? (n=248)	%
Younger than 8	1
8	^
9	0
10	1
11	3
12	3
13	10
14	19
15	24
16	26
17	9
18	2
19	1

53% of Fairfield who have used marijuana teens report that they first used marijuana at age 13 to 15 years old.



Access

If you ever used marijuana or THC, where did you get it? (n=250)	Never %	Rarely %	Sometimes/occasionally %	Often %
A parent/guardian, with permission	89	6	3	2
A parent/guardian, without permission	81	6	6	7
An adult, non-family member, with permission	82	8	7	3
A friend/peer gave it to me	14	20	34	32
A sibling gave it to me	76	9	11	5
Bought it from someone else	49	14	21	16
Bought it from internet or social media (e.g. Snapchat)	86	5	4	5
Bought it myself at a store in Fairfield	79	9	8	4
Bought it myself at a store outside of Fairfield	85	5	7	2
Medical marijuana dispensary	87	6	5	1
Bought/was provided at school	89	5	2	3
I got it in some other way	75	10	8	7

Location of marijuana use

(Summary chart on page 44)

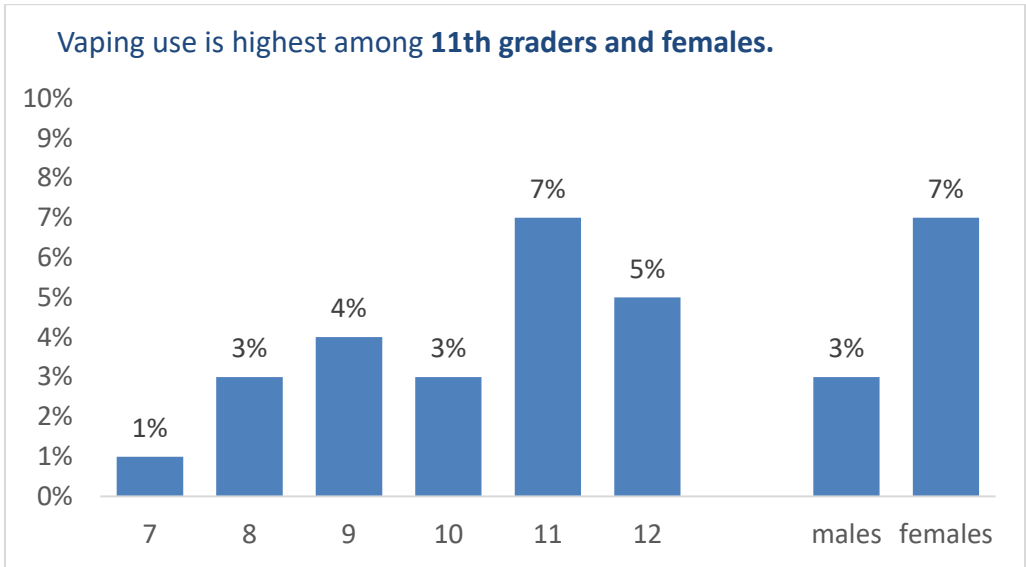
If you ever used marijuana or THC, where did you use it? (n=248)	Never %	Rarely %	Sometimes/ occasionally %	Often %
At home, alone	54	14	16	16
At home, with parent guardian present	72	10	11	7
With friends at my home or my friends' home	18	22	32	27
In a car	62	13	15	10
In the school building	81	9	7	3
Outside on school property	84	7	5	4
At a party	38	18	26	18
A public place, beach, park, woods, or street	53	15	20	12

Vaping Use & Access, Nicotine & E-liquid

Use

Think back over the past 30 days. On how many days, if any, did you:	Grade	I have NEVER used. %	I have used but NOT in the past 30 days. %	Occasionally (1-5 days) %	Frequently (5-20 days) %	Almost every day (21+ days) %
use a vaping device or e-cig with flavored e-liquid?	7-8	96	2	1	0	0
	9-12	89	6	2	1	2
	7-12	90	5	2	1	2
use a vaping device or e-cig with nicotine (JUUL, Blu, Puff Bar)	7-8	96	2	1	1	0
	9-12	88	6	2	2	2
	7-12	90	6	2	1	2

Vaping Use by Grade

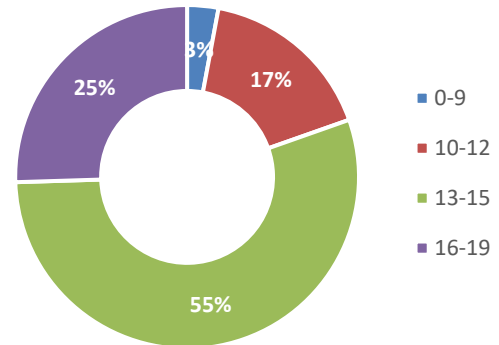


Vaping Use by grade	%
7 th	1
8 th	3
9 th	4
10 th	3
11 th	7
12 th	5
Use by gender	%
Male	3
Female	7

Age of Onset

How old were you when you first used a vaping device with nicotine? (n=165)	%
Younger than 8	1
8	1
9	1
10	2
11	4
12	11
13	17
14	22
15	17
16	16
17	8
18	2
19	0

56% of Fairfield teens who have vaped report they first vaped nicotine at age 13 to 15 years old.



Access

If you ever vaped nicotine, where did you get it? (n=165)	Never	Rarely	Sometimes/occasionally	Often
	%	%	%	%
A parent/guardian, with permission	97	1	1	1
A parent/guardian, without permission	86	6	3	6
An adult, non-family member, with permission	89	4	6	1
A friend/peer gave it to me	16	26	34	24
A sibling gave it to me	82	7	8	3
Bought it from someone else	61	11	16	12
Bought it from internet or social media (e.g. Snapchat)	91	2	4	2
Bought it myself at a store in Fairfield	65	7	14	14
Bought it myself at a store outside of Fairfield	79	4	11	6
Bought/was provided at school	84	11	1	4
I got it in some other way	71	12	11	6

Location of Use

(Summary chart on page 47)

If you ever vaped nicotine, where did you get it? (n=164)	Never	Rarely	Sometimes/ occasionally	Often
	%	%	%	%
At home, alone	45	15	15	25
At home, with parent guardian present	77	6	9	8
With friends at my home or my friends' home	26	21	28	25
In a car	50	15	20	16
In the school building	69	14	6	10
Outside on school property	83	6	4	6
At a party	31	19	23	27
A public place, beach, park, woods, or street	48	19	18	14

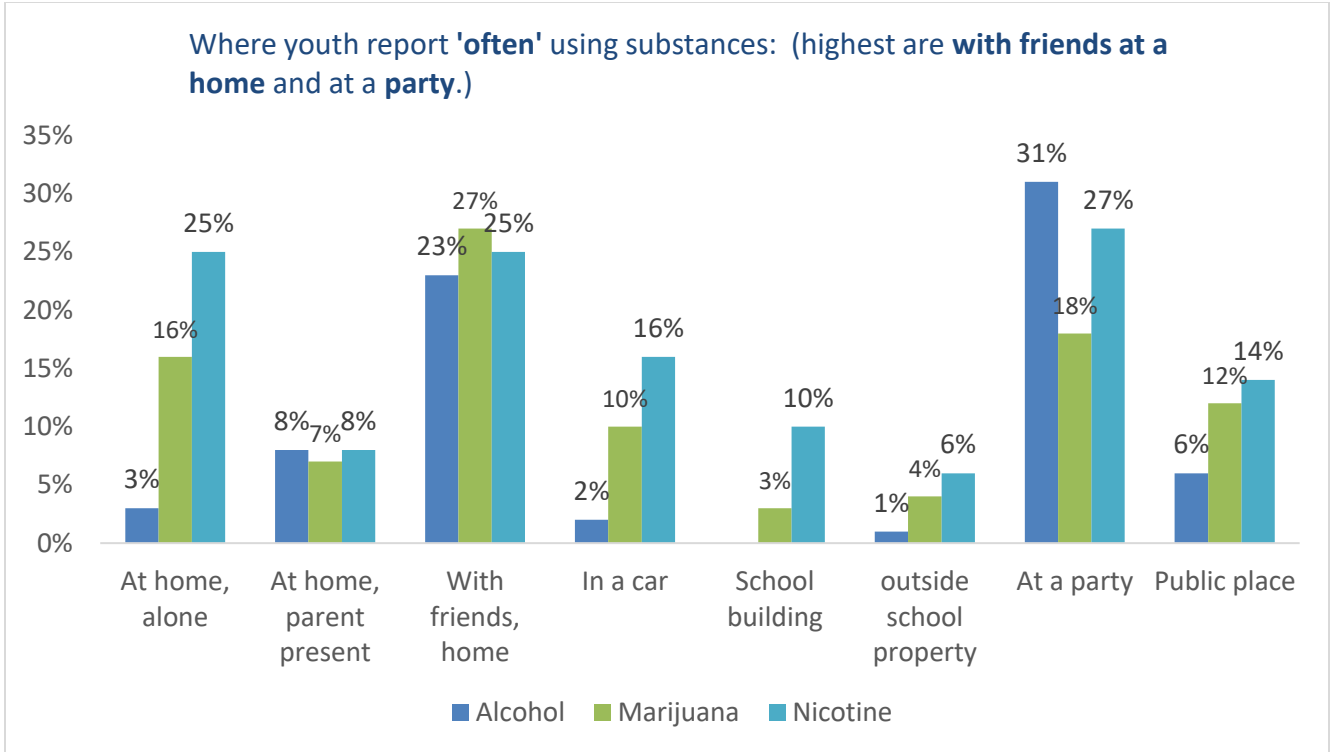
Prescription Drug Use & Access

Use

Think back over the past 30 days. On how many days, if any, did you:	Grade	I have NEVER used. %	I have used but NOT in the past 30 days. %	Occasionally (1-5 days) %	Frequently (5-20 days) %	Almost every day (21+ days) %
prescription pain relievers such as Vicodin, OxyContin, or Percocet without a doctor's order?	7-8	92	5	2	^	0
	9-12	98	2	^	^	^
	7-12	96	2	1	^	^
prescription tranquilizers or benzodiazepines such as Valium, Xanax, or Ativan, without a doctor's order?	7-8	99	^	^	0	0
	9-12	99	^	^	^	^
	7-12	99	1	^	^	^
prescription stimulants such as Ritalin or Adderall, without a doctor's order?	7-8	98	2	^	0	0
	9-12	97	2	^	^	^
	7-12	97	2	^	^	^
use prescription drugs <u>not prescribed to you</u> ?	7-8	96	4	^	0	^
	9-12	97	2	1	^	^
	7-12	96	3	1	^	^

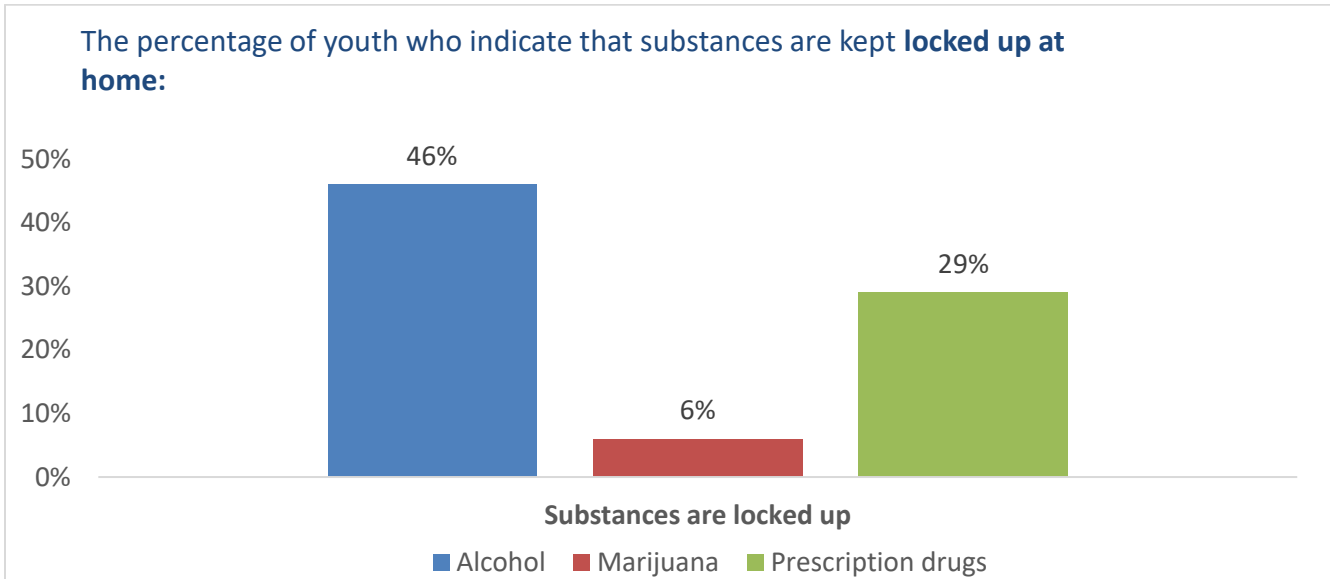
Additional Substance Use Rates

Think back over the last 30 days, have you used any of the following?	NO, Never %	YES, in the past 30 days %
Cigarettes	95	1
Other tobacco products (chewing tobacco, cigars, snuff)	97	1



Access to Substances

Access at Home

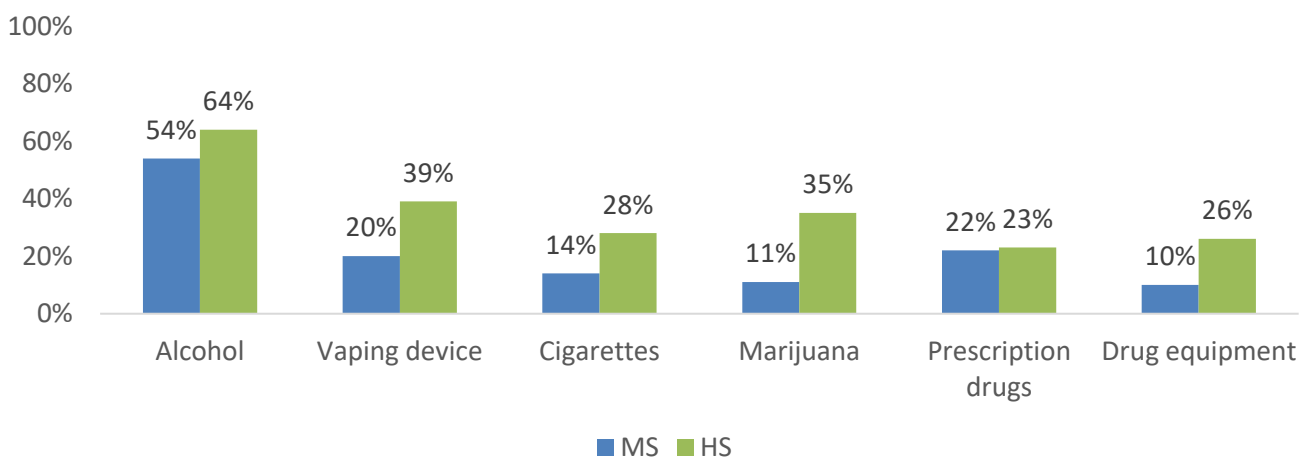


My parent/guardian...	Grade	Strongly Disagree %	Somewhat Disagree %	Somewhat Agree %	Strongly Agree %
take steps to ensure that underage youth cannot get alcohol from our house. (e.g. alcohol is locked up or not accessible to underage youth).	7-8	32	18	19	31
	9-12	26	28	25	22
	7-12	27	28	24	22
take steps to ensure that underage youth do not drink alcohol in our house.	7-8	32	18	19	31
	9-12	20	21	26	33
	7-12	23	20	24	33

Are the following substances kept locked up in your home? (e.g. in a locked cabinet or fridge, sealed with a sticker, or otherwise inaccessible to kids.)	Grade	Not applicable/ not kept in my home %	Yes %	No %	Not sure %
Alcohol	7-8	14	25	51	10
	9-12	11	26	56	7
	7-12	14	20	58	7
Marijuana or THC products	7-8	84	4	7	5
	9-12	79	4	13	3
	7-12	80	6	9	4
Prescription Drugs	7-8	23	27	36	13
	9-12	22	24	46	9
	7-12	20	29	42	8

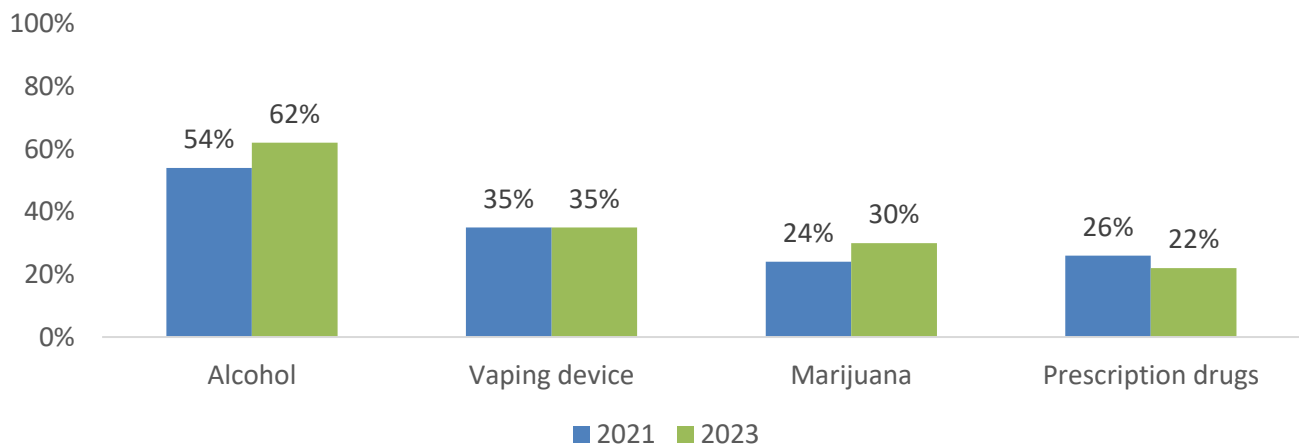
Perception of Access to Substances

Among all 7th to 12th graders **alcohol** is perceived to be the easiest substance to get access to. 62% of teens feel it would be **easy** to get alcohol.



How easy or hard would it be for you to get the following substances if you wanted them?	Grade	Very hard %	Sort of hard %	Sort of easy %	Very easy %
Alcohol such as beer, wine, hard liquor, alcoholic seltzers, etc.	7-8	22	24	30	24
	9-12	16	20	32	32
	7-12	17	21	32	30
Marijuana or THC products	7-8	73	16	7	4
	9-12	44	22	20	15
	7-12	49	20	17	13
A vaping device with nicotine (JUUL, Blu, Puff Bar)	7-8	58	21	11	9
	9-12	37	24	20	19
	7-12	41	24	18	17
Cigarettes or other tobacco products (chewing or pipe tobacco, cigars)	7-8	64	23	10	4
	9-12	46	26	16	12
	7-12	50	25	15	11
Prescription drugs – that are NOT prescribed to you (e.g. for the purpose of getting high' or to feel good)	7-8	58	20	13	9
	9-12	52	25	15	8
	7-12	53	24	14	8
Drug equipment and supplies (pipes, bongs, rolling papers)	7-8	75	15	6	4
	9-12	54	20	14	12
	7-12	58	19	12	10

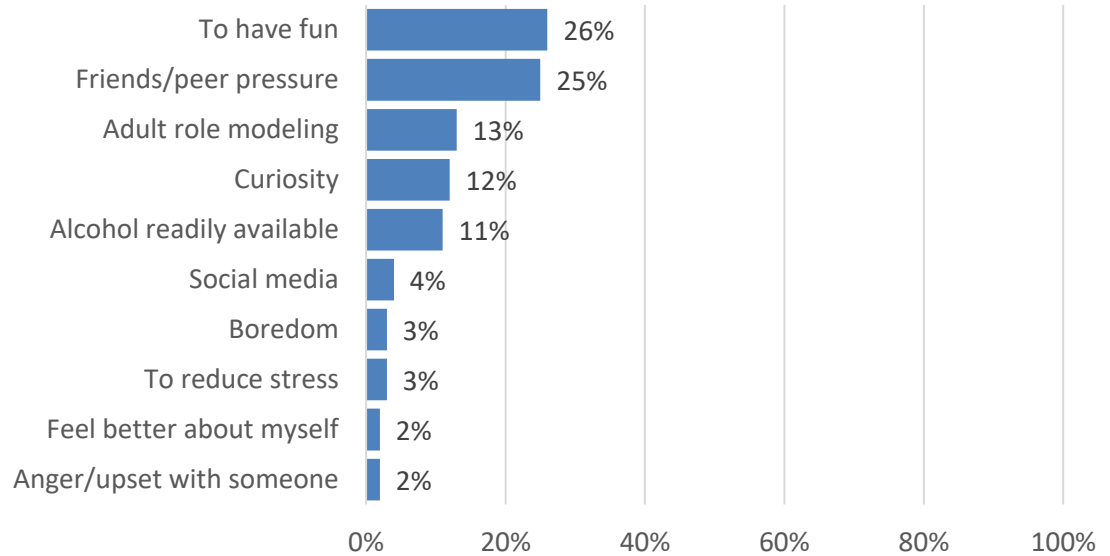
The perception that it is easy to access substances has **increased** for alcohol and marijuana from 2021 to 2023.



How easy or hard would it be for you to get the following substances if you wanted them?	2021 %	2023 %
Alcohol	54	62
Marijuana/THC products	24	30
Vaping device with nicotine	35	35
Cigarettes/tobacco products	**	26
Prescription drugs (for purpose of getting high or to feel good)	26	22

Factors Influencing Youth to Drink

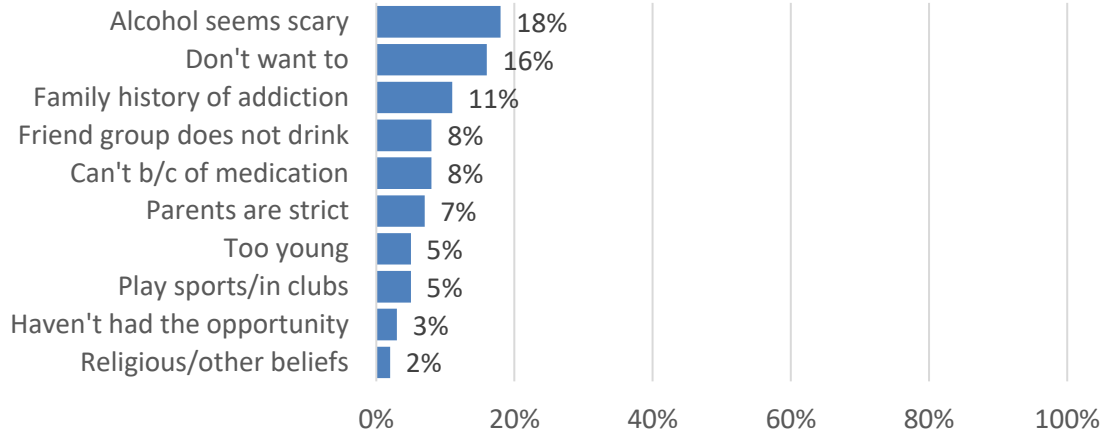
Youth report the most influencing factor to drink are **to have fun, peer pressure, and curiosity.**



What factor is the most important in influencing you, or people your age, to drink? (N=1635)	7-12 %
Adult role modeling	13
Alcohol readily available	11
Anger/upset with someone	2
Boredom	3
Curiosity	12
Feel better about myself	2
Friends/ peer pressure	25
Like the taste	0
Reduce stress	3
Social media (seeing pictures, promotion of alcohol or other substances, advertisements, etc.)	4
To have fun	26

Factors Influencing Youth Not to Drink

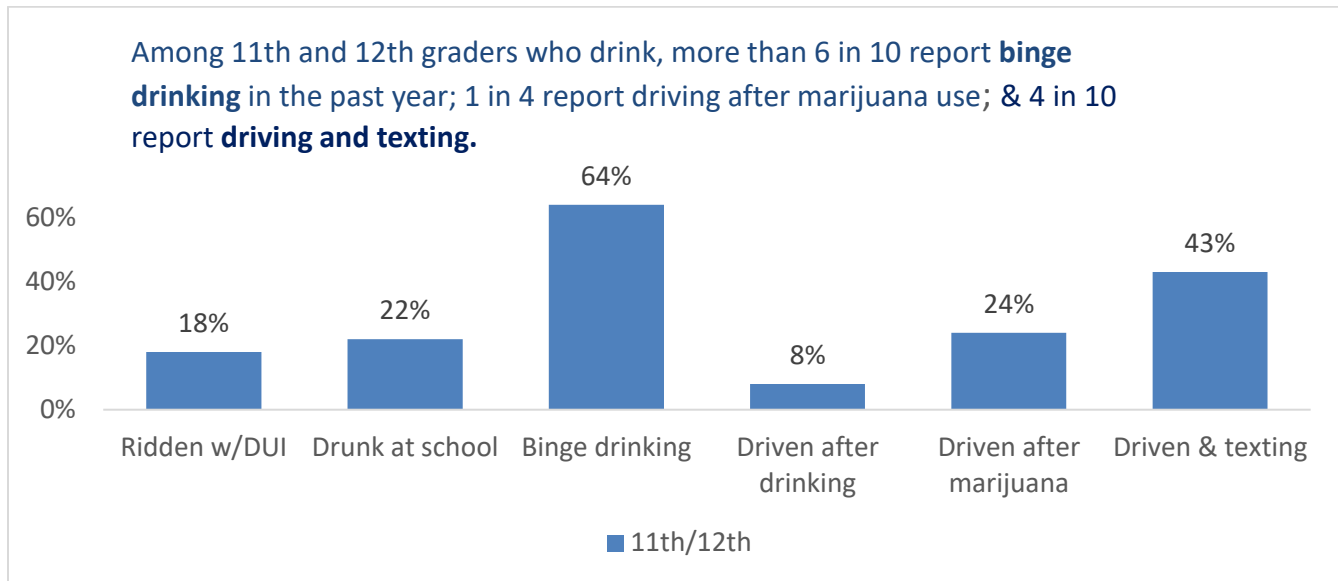
Youth report the three factors most influencing them NOT to drink are that **alcohol seems scary, they don't not want to, and they have a family history of addiction.**



What top factor is most important in influencing you, or people your age, NOT to drink? (N=1520)	7-12 %
Alcohol seems scary	18
Can't drink because of medication I take	8
Family history of addiction	11
Friends group does not drink	8
Following sports club's rules	7
Haven't had the opportunity	3
It's against the law	8
Just don't want to	16
Parents are strict	7
Parent disapproval	3
Play sports/involved with club(s)	5
Religious or other beliefs	2
Too Young to drink	5

^ASignificant difference between Male and Female

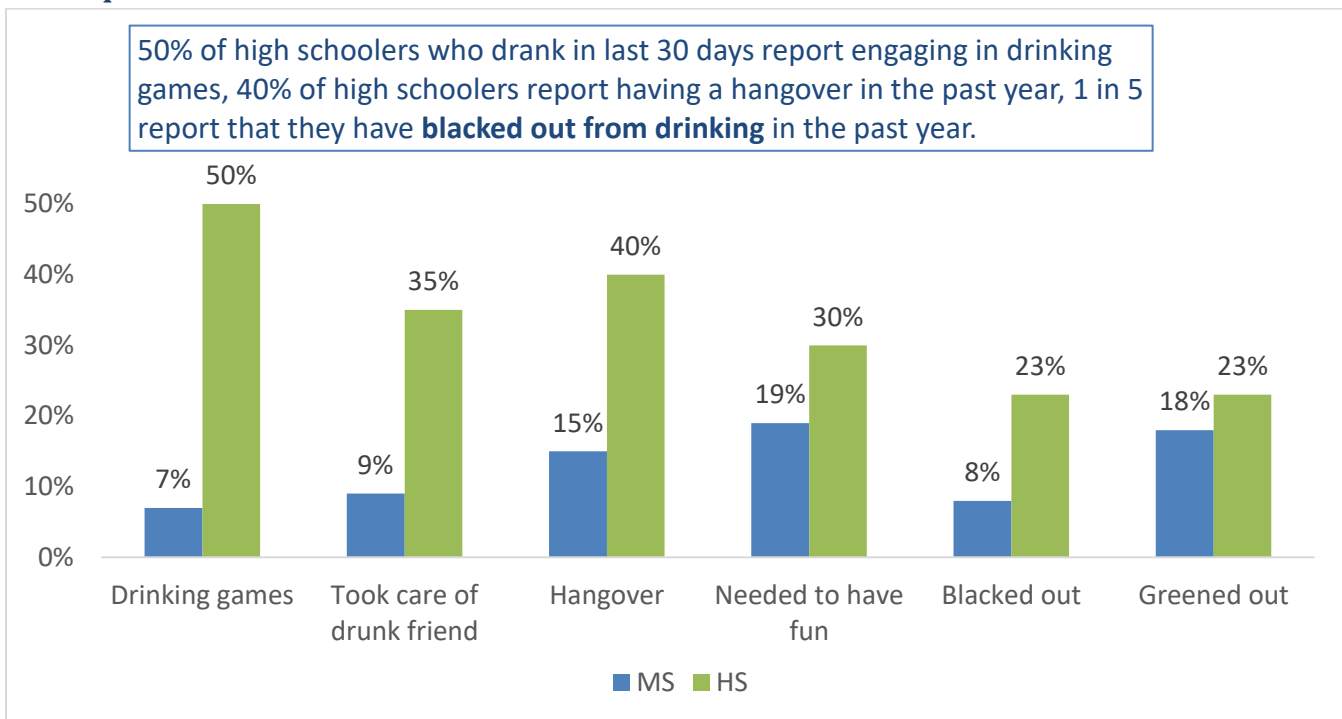
Risky Behaviors Related to Substance Use



During the last 12 months, how many times have you...?	Grade	Never %	1 time %	2 or more times %
Ridden in a car whose driver had been drinking or using drugs? (N=1672)	7-8	76	10	13
	9-12	84	8	8
	7-12	82	9	9
Been drunk or high at school or at a school event (prom, football games, etc.)? (N=621)	7-8	95	3	3
	9-12	80	12	8
	7-12	82	11	7
Drunk four or more alcoholic drinks in less than 2 hours? (N=621)	7-8	85	11	4
	9-12	47	22	31
	7-12	52	21	28
Driven a car after you had been drinking? (N=621)	7-8	99	1	0
	9-12	94	4	2
	7-12	94	4	2
Driven a car after you had been using marijuana or THC product? (N=621 all) (N=12, 7 th /8 th)	7-8	83	0	17
	9-12	80	10	10
	7-12	81	9	10
Driven a car while texting? (N=1551)	7-8	97	1	2
	9-12	77	4	8
	7-12	78	8	14

During the last 12 months, how many times have you...?	Grade	Never %	1 time %	2 or more times %
Ridden in a car whose driver had been drinking or using drugs?	11-12	82	9	9
Been drunk or high at school or at a school event (prom, football games, etc.)?	11-12	78	12	10
Drunk four or more alcoholic drinks in less than 2 hours?	11-12	36	24	40
Driven a car after you had been drinking?	11-12	92	5	3
Driven a car after you had been using marijuana or THC product?	11-12	76	10	14
Driven a car while texting?	11-12	57	14	29

Consequences of Alcohol Use



During the last 12 months, how many times have you...? (N=621)	Grade	Never %	1 time %	2 or more times %
Drank so much you blacked out or forgot what happened?	7-8	92	4	4
	9-12	77	15	8
	7-12	79	13	7
Played competitive drinking games? (e.g. beer pong)	7-8	93	4	3
	9-12	50	22	28
	7-12	55	20	25

Had a hangover?	7-8	85	8	7
	9-12	60	18	22
	7-12	63	17	20
Needed a drink to have fun?	7-8	81	14	6
	9-12	70	16	14
	7-12	71	15	13
Had to take care of a friend who got too drunk?	7-8	91	6	3
	9-12	65	19	15
	7-12	71	16	13
Greened out or passed out after dabbing (using marijuana or THC product)	7-8	82	18	0
	9-12	77	15	8
	7-12	77	15	8

Additional Attitudes on Underage Substance Use

My parents think its okay to...	Grade	Strongly Disagree %	Somewhat Disagree %	Somewhat Agree %	Strongly Agree %
vape nicotine even if you are underage.	7-8	87	7	2	4
	9-12	85	10	2	3
	7-12	85	10	2	3
drink alcohol if you are underage.	7-8	54	27	16	3
	9-12	38	31	25	6
	7-12	41	30	23	5
use marijuana or THC products if you are underage.	7-8	87	7	2	4
	9-12	74	15	7	4
	7-12	76	13	6	4

Additional Attitudes on School

Please choose the response that best describes how you feel.	Somewhat & Strongly Agree %	Male %	Female %	LGBTQ+ Yes %	LGBTQ+ No %
My teachers really care about me.	73	71	72	73	73
Students in my school care about me.	66	69	63 ^A	62 ^B	69
I feel safe at school.	79	82	78	62 ^B	83

^ASignificant different between Male and Female

^BSignificant difference between LGBTQ+ Yes and LGBTQ+ No

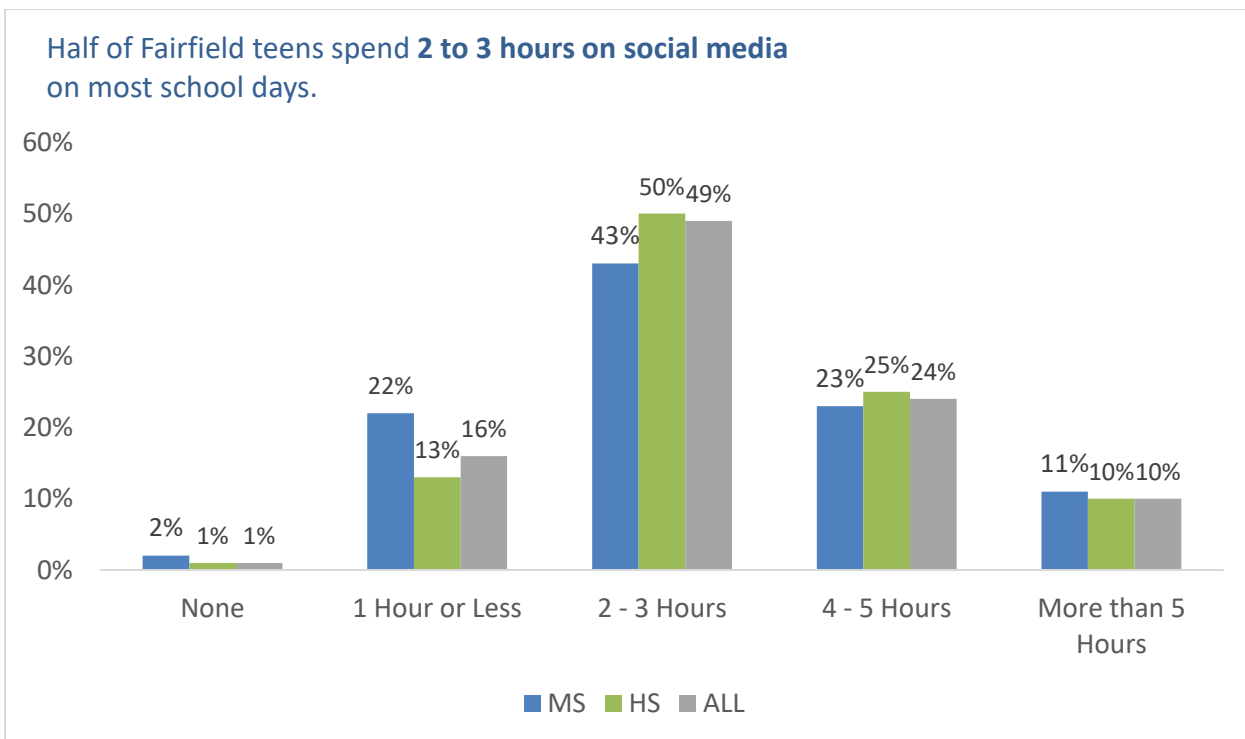
During the last 12 months (all grades)	Never Not Applicable %	1 Time %	2 or more times %
Gambled which includes scratch-off tickets, online bets, sports betting, fantasy sports leagues, poker etc.? (Gambling is the risk of losing money or something of value in a game or bet.)	82	6	11

Appendix

Percentage of Youth on Social Media by Hours

On most school days, youth report being on social media, including scrolling, posting, commenting or communicating with others, for the following amount of time:

	Grade %	None %	1 Hour or Less %	2 - 3 Hours %	4 - 5 Hours %	More than 5 Hours %
Percentage of Youth on Social Media by Hours	7-8	2	22	43	23	11
	9-12	1	13	50	25	10
	7-12	1	16	49	24	10

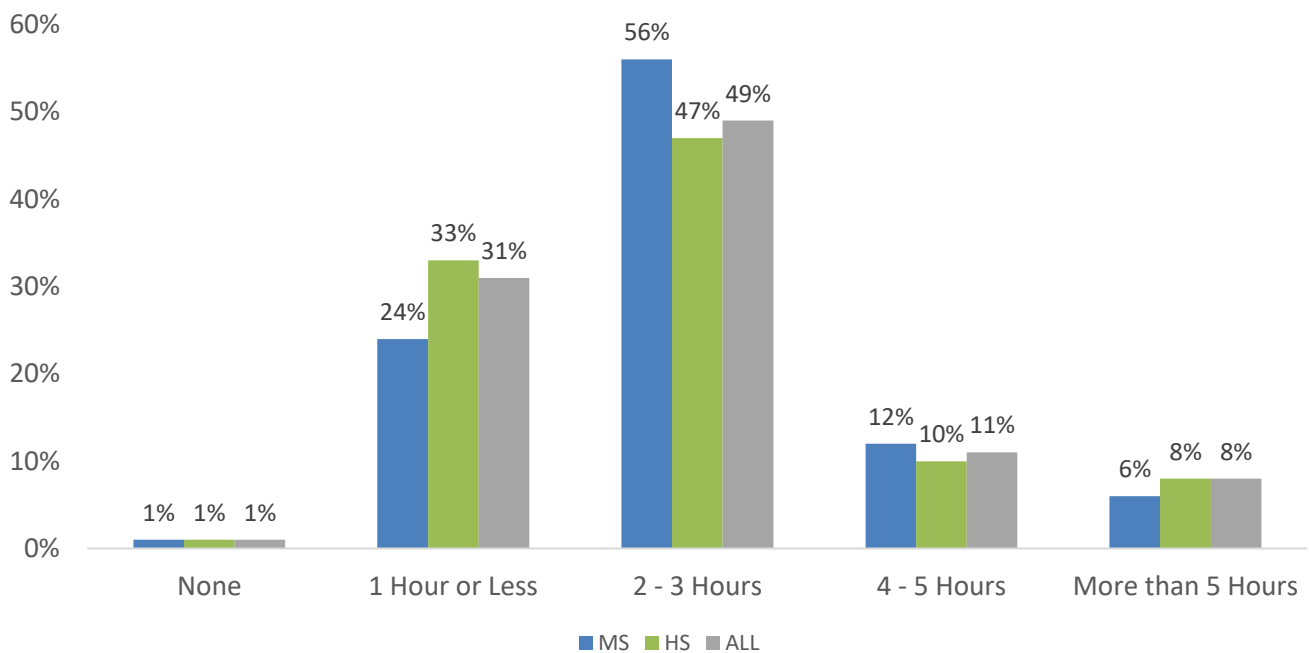


Percentage of Youth Engaged in a Physical Activity by Hours

On a typical day, youth report being engaged in a physical activity, such as playing sports, dancing, walking, lifting weights, or yoga for the following amount of time:

	Grade %	None %	1 Hour or Less %	2 - 3 Hours %	4 - 5 Hours %	More than 5 Hours %
Percentage of Youth Engaged in Physical Activity by Hours	7-8	1	24	56	12	6
	9-12	1	33	47	10	8
	7-12	1	31	49	11	8

Half of Fairfield teens spend 2 to 3 hours engaged in a physical activity on a typical day.



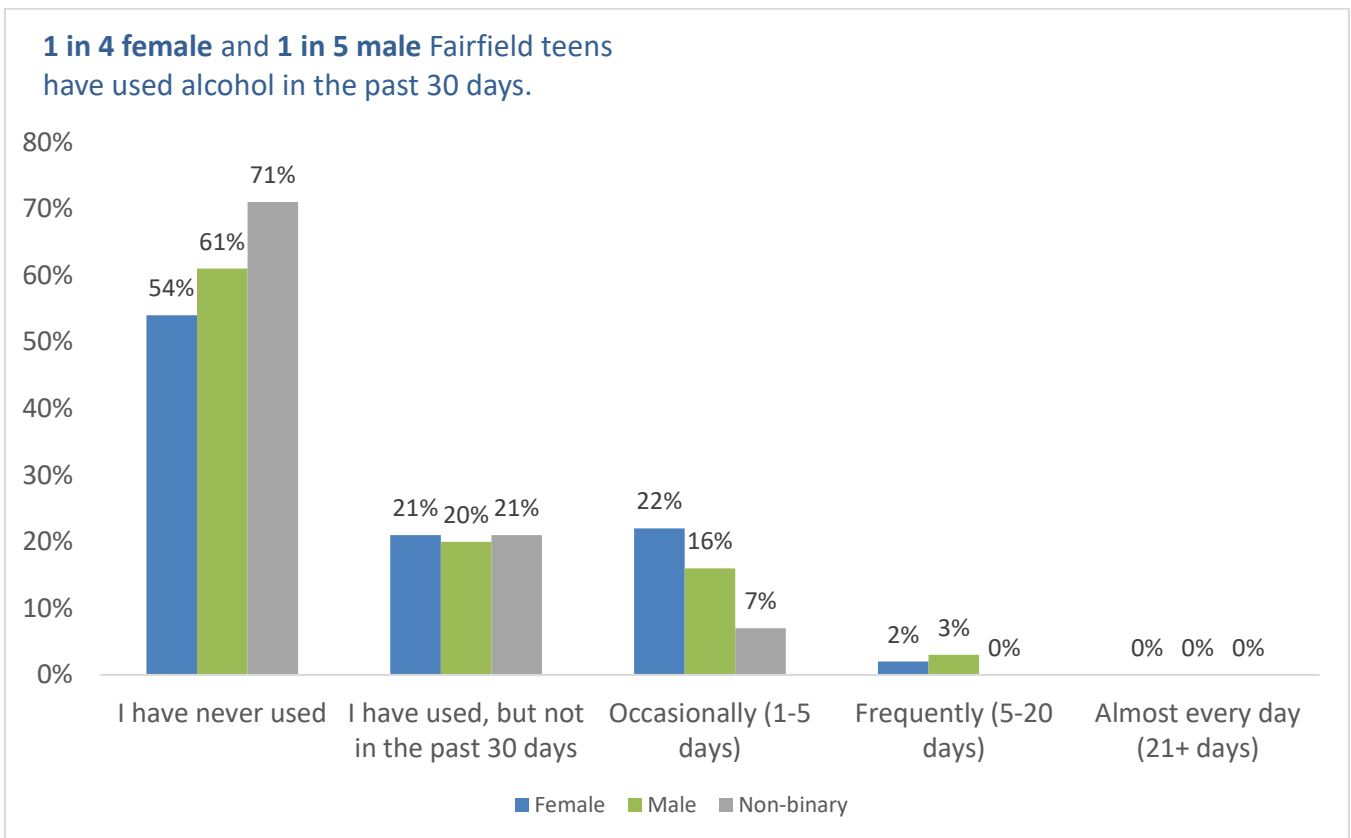
Substance Use by Gender

Think back over the past 30 days. On how many days, if any, did you use (high school only):	Gender	I have never used %	I have used, but not in the past 30 days %	Occasionally (1-5 days) %	Frequently (5-20 days) %	Almost every day (21+ days) %
Alcohol	Female	54	21	22	2	0
	Male	61	20	16	3	0
	Non-binary	71	21	7	0	0

Marijuana or THC products	Female	79	9	8	3	2
	Male	82	7	6	2	2
	Non-binary	76	17	0	3	3
A vaping device or e-cig with nicotine	Female	84	8	3	2	3
	Male	92	4	1	1	2
	Non-binary	81	15	0	0	4
Cigarettes	Female	94	5	1	0	0
	Male	96	4	0	0	0
	Non-binary	89	11	0	0	0
Other tobacco products	Female	96	2	1	0	0
	Male	97	2	0	0	0
	Non-binary	85	15	0	0	0
Prescription drugs	Female	97	2	1	0	0
	Male	97	3	1	0	0
	Non-binary	88	4	4	4	0

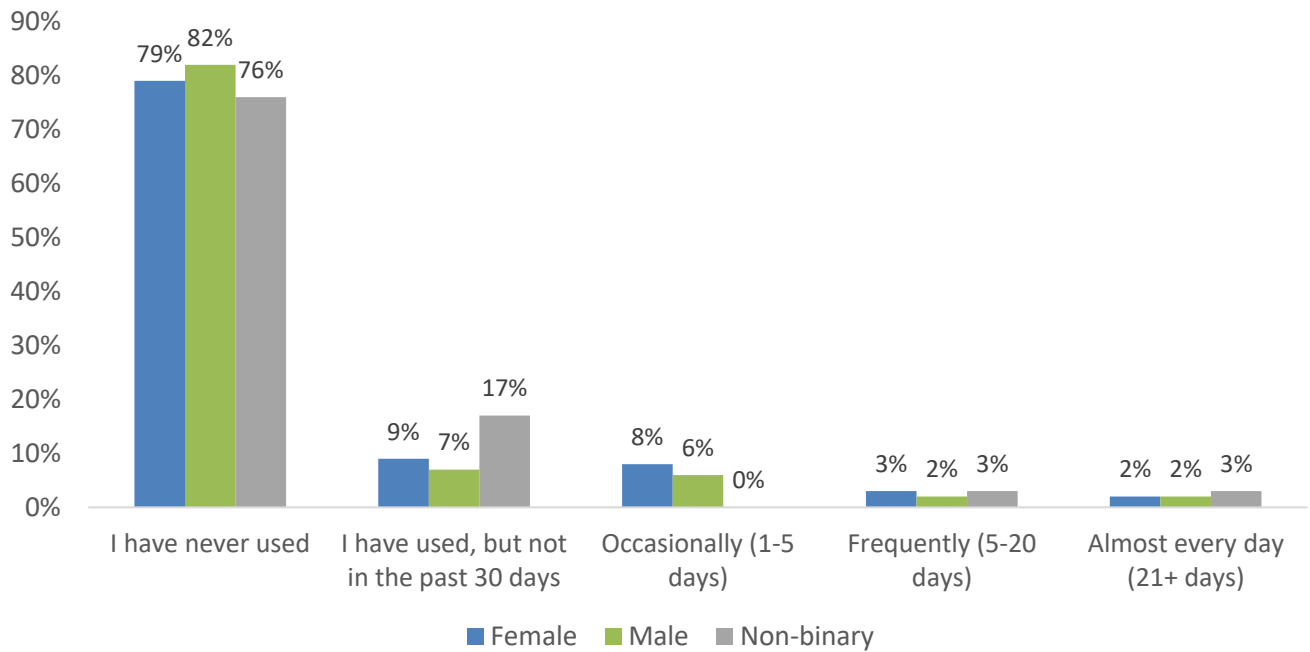
Alcohol

1 in 4 female and **1 in 5 male** Fairfield teens have used alcohol in the past 30 days.



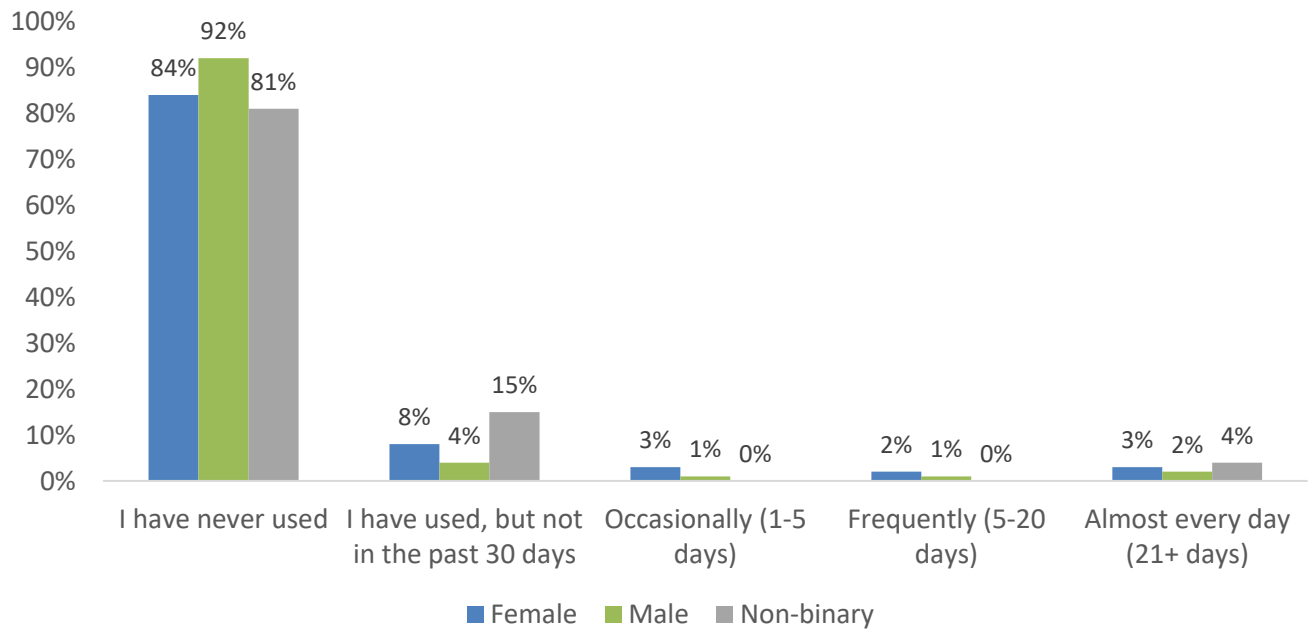
Marijuana or THC Products

Approximately **4 in 5 Fairfield teens** have never used marijuana or THC products.



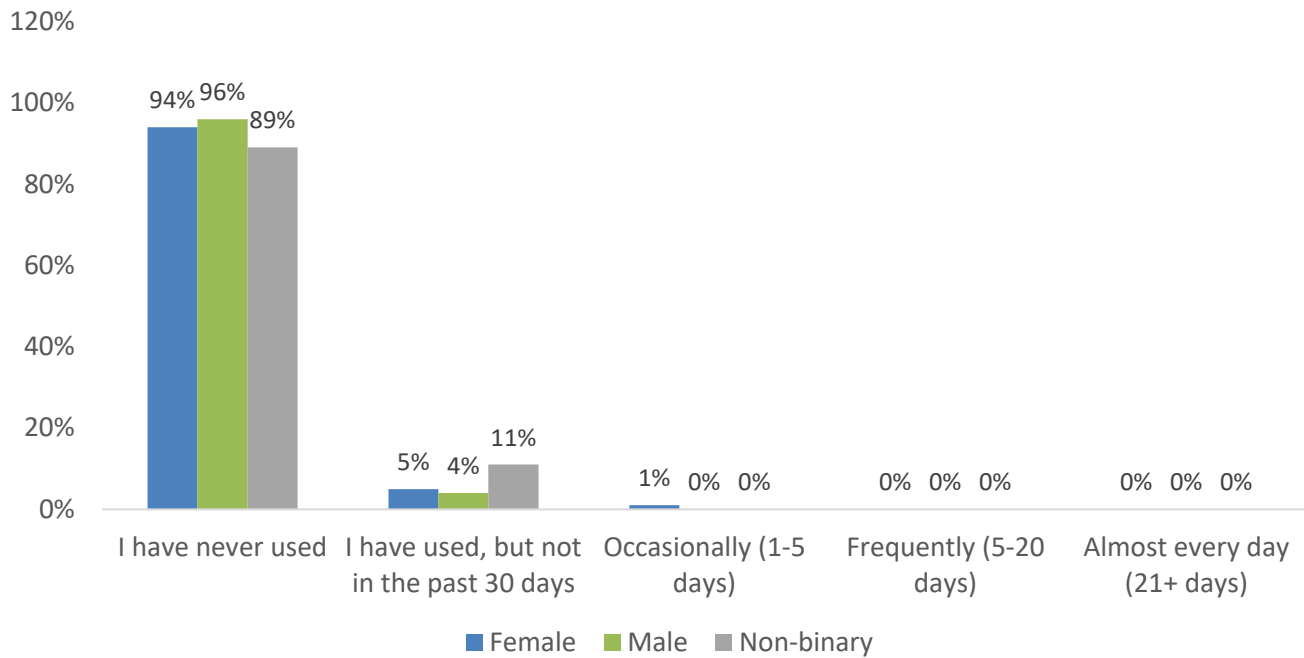
Vaping

Female and Non-binary Fairfield teens are more likely than their male peers to have used a vaping device or e-cig with nicotine.



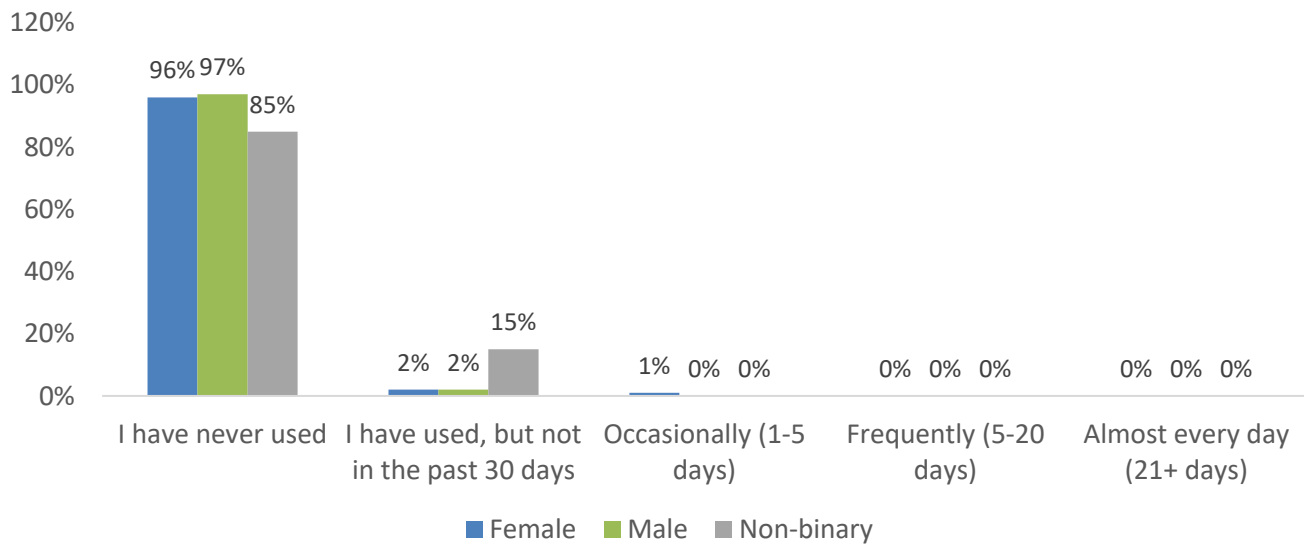
Cigarettes

Those who identify as being **non-binary** have higher cigarette use rates than their female and male counterparts.



Other Tobacco Products

About **15%** of those who identify as being **non-binary** have used other tobacco products beyond the past 30 days, while most of their male and female peers have never used it.



Prescription Drugs

Most female and male Fairfield teens have never used prescription drugs, but **8% of non-binary identifying teens** have used them in the past 30 days.

